BARNSTABLE COUNTY
CAPE COD COOPERATIVE EXTENSION

Cape Cod Food Access

To add or update information, please email andrea.scarpellini@capecod.gov

Updated May 2025

The Family Pantry of Cape Cod Serving all of Cape Cod 133 Queen Anne Road, Harwich 508-432-6519 cmenard@thefamilypantry.com ***Food Pantry Hours:*** ***Tuesdays 10am-3:30pm*** ***Wednesdays 10-12pm*** ***Thursdays 10am-7pm*** ***Saturdays 9am-12pm*** *(No new client registration on Saturdays)* Client choice shopping list is on the website or at pantry *Pantry will close 15 minutes prior to posted end time **Donation Hours for Food, Clothing, Housewares etc.** **Tues & Thurs 8am-3:30pm, Wed 8am-12pm drop off at the Family Pantry Warehouse** **(no donations taken on Saturdays)**	**Cape Cod Community College Family Pantry** Pantry located at the Li24fe Fitness Center-Building #10 1 bag of food per week during the semester Tuesdays 12pm-2pm & Wednesdays 11am-1pm Open to all students, faculty and staff Questions? Call 774-330-4857 **Nantucket Food Pantry** 10 Washington Street 508-228-7438 ***Pantry Hours:*** ***Tuesday, Wednesday and Thursdays 3pm-6pm*** Food delivery available for seniors or disabled persons and emergency deliveries To learn more about services, qualifications for assistance, fill out the form found on website www.assistnantucket.org Or email:food@assistnantucket.org
Falmouth Service Center 611 Gifford Street, Falmouth 508-548-2794 www.falmouthservicecenter.org ***Food Pantry Hours:*** ***Tuesdays: 10am-12pm*** ***Wednesdays: 3:30pm-5:30pm*** ***Thursdays: 10am-12pm*** ***Fridays: 10am-12pm*** Client choice shopping list on the website or at the pantry. Please Note: The Service Center is under construction. Please drive slowly through the parking lot. There may be a wait to get into the parking lot.	**Martha's Vineyard Island Grown Initiative Food Pantry** 114 Dukes County Avenue, Oak Bluffs (New Location!) 508-296-8384 (leave a voicemail and someone will respond ASAP) info@islandfoodpantry.org http://islandfoodpantry.org/resources/ ***Pantry Hours (Updated):*** Seniors 60+ only may shop in person on Fridays 12pm-1:45pm All others need to sign up and shop online using the Smart Choice App **Online Food Pickup times:** **Mondays: 2:00pm-3:45pm** **Wednesdays: 1pm-5:45pm** **Saturdays: 10am-11:45am** ****To self-register, visit smartchoice.life/igi*** Sunday 6pm-Monday 8am Tuesday 6pm- Wednesday 8am Friday 6pm- Saturday at midnight
Meals on Wheels Elder Service of Cape Cod and the Islands 68 Route 134 South Dennis 508-394-4630/800-244-4630 www.escci.org Senior Dining Centers, Senior Nutrition Program Meals ***Monday-Friday between 9am-12pm*** For people ages 60+ who are homebound and unable to prepare their own meals. Call (508) 394-4630 to make referral.	**Cape Kid Meals** 1336 Main Street, Osterville Mailing address: PO Box 36 Forestdale, MA 02644 (508) 419-1734 www.capekidmeals.org info@capekidmeals.org Facebook: Cape Kid Meals Weekend meals for children through each school system's distribution program.

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A Place At The Table
Saint Barnabas's Episcopal Church
91 Main Street ~ Across From the Village Green
Falmouth, MA
www.stbfalmouth.org ~ 508-548-3863
Hot lunches for the community. All are welcome!
No registration is required.
Lunch is served every Tuesdays & Thursdays
11:00 – 1:00pm.
Meals are served in the Parish House located behind the church on the Saint Barnabas's campus.
To volunteer or offer a donation please contact the church office at 508-548-3863.
On site services by: Duffy Health Van, AIDS Van of Cape Cod, Housing Assistance Corporation, Falmouth Service Center & Live Music!

Cape & Islands Veterans Outreach
Mobile Food Pantry @ Falmouth AmVets
366 Palmer Ave, Falmouth
1st and 3rd Tuesday monthly 10am – 1pm

To receive food, former military personnel must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

Christ the King Food Pantry
5 Job's Fishing Road, Mashpee
508-477-7700
www.christthekingparish.com/st-vincent-de-paul
Open for all Cape Residents
Client Choice, Drive through Distribution

Wednesdays 9:00am-12:00pm
Financial Assistance Hotline available to Mashpee residence, call 508-477-7700
Delivery options available for homebound those residing in Mashpee, Cotuit and parts of Marstons Mills (west of Route 149)

Empowerment Center
JBCC Empowerment Center (for those with access to the base)
1015 South Inner Road, Buzzards Bay
Monday & Friday: 10am-1pm
Tuesday & Thursday: Closed
Wednesday: 1pm-4pm
Sandwich Empowerment Center (for those without base access)
117 Rt. 6A, Sandwich
Monday & Tuesday: 10am-1pm
Wednesday: Closed
Thursday & Friday: 12:30pm-4pm
For questions, call 774-205-7232
https://mmsfi.org/empowerment-centers/
Shelf-stable food boxes for veterans and active duty military and their families
Reservations are required prior to picking up food.
To schedule a reservation:
https://mmsfi.org/empowerment-centers/
***Limit: 1 visit per week
Must bring a printed or mobile copy of the Reservation confirmation and ID (proof of service) upon checking in

Friends Food Pantry, Bourne
121 Main Street
PO Box 144, Buzzards Bay
508-759-3351
Pantry Hours:
Tuesdays from 9:00am-12:00pm
Call between Monday and Wednesday for more information.

Cape Wellness Collaborative
www.capewellness.org
436b Station Ave, South Yarmouth (774) 408-8477
Meals provided for those undergoing cancer treatment. Delivery options available

Mashpee Wampanoag Tribe Food Pantry
483 Great Neck Road South, Mashpee
508-477-0208 ext 189

www.mashpeewampanoagtribe-nsn.gov/food-pantry
Darlene.scott@mwtribe-nsn.gov

Pantry Hours: Tuesdays, Wednesdays, Thursdays 12pm-4:00pm

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Sandwich Food Pantry (Updated)
331 Cotuit Road, Sandwich
508-888-3816
www.sandwichfoodpantry.org
Facebook: Sandwich Food Pantry, Inc.
Open for All Sandwich Residents-to become a client, bring proof of residency
Pantry Hours:
Every Wednesday 10am-12pm
Last Wednesday of the month: 10am-12pm/ 6pm-7:30pm
3rd Saturday of the month: 10-12pm

St. Vincent DePaul Food Pantry
322 Quaker Meeting House Road, Sandwich
Located at the rear of Mary's Closet Thrift Store
508-833-1555
svdp@corpuschristiparish.org
Open to All Sandwich, Sagamore & Sagamore Beach Residents
Perishables and Non-Perishables Provided
Pantry Hours:
Every Thursday 9:30-12pm

Hands of Hope Food Pantry
(Serving Sandwich, Mid Cape, Dennis and Harwich)
49 Rt. 28 West Harwich
508-432-1312
Pantry Hours:
Mondays 10:00-3:00
Tuesdays 1:00-3:00
Wednesdays 1:00-3:00 & 4:00pm-6:00pm
Thursdays 1:00-3:00
Fridays 10am-1pm
Meats, dairy, bakery, perishables and non- perishables, personal items, paper products
Delivery options available for those without transportation.
Thrift Shop hours: Tuesday, Wednesday & Thursdays 10am-1pm

Barnstable Public Schools
For students and families enrolled in Barnstable Public Schools.

To register: Contact Moira Bundschuh, Family and Community Engagement Coordinator, 141 Bassett Ln, Hyannis, MA 02601,

bundschuh_moira@mybps.us or 508-790-6345 x117.

Delivery options are available for those without transportation.

Families are eligible to receive food every other week.

Family Table Collaborative
www.facebook.com/familytablecollaborative
Need a free, healthy, delicious meal for yourself, family, friends?

Meal Distributions: 1st and 3rd Thursdays of the month
Hyannis Youth and Community Center
141 Bassett Lane, Hyannis

4:30-5:30pm, drive through format

To sign up, text 508-348-9777 with your first name, number of meals needed, and any food allergy information.

If you are not in the Hyannis area, meals are also distributed through agencies in towns across Cape Cod.

Please check website or Facebook for up-to-date meal distribution information.

Cape & Islands Veterans Outreach Center

Pantry is at the CIVOC location:
223 Stevens Street, Hyannis
508-778-1590 www.capeveterans.com
Facebook: Cape & Island Veterans
Email: Info@capeveterans.com

Pantry is open to veterans and their families.

Pantry Hours: Weekly on Thursdays 9am-6pm

To receive food, former military personnel and family members must bring proof of their veteran status, such as a DD-214 and they must meet criteria for assistance as defined by The Emergency Food Assistance Program

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St. Vincent De Paul Food Pantry **St. Francis Xavier Church** 21 Cross Street, Hyannis 508-775-3073 ***Open Tuesday & Friday 10-12pm*** Perishables & Non-Perishable **AIDS Support Group of Cape Cod** 428 South Street, Hyannis Monthly food pantry and emergency food www.asgcc.org	**First Baptist Church Pantry** 486 Main Street, Hyannis 508-775-1846 Serving Barnstable & West Yarmouth Residents ***Open Tuesdays 9am-12:00pm*** What's provided: Fresh Produce, perishables, and nonperishables
Faith Family Kitchen 154 Bearses Way Hyannis 508-775-5073 www.capecodcouncilofchurches.org/faith-family-kitchen.org Facebook: Faith Family Kitchen cccouncilofchurches@gmail.com ***Mondays, Wednesdays & Fridays 5:30-6:30pm*** *Meals for all will be distributed at the back door of the church off Bacon Street* *Dine in or carry out options available.*	**Cape Cod Community Food Pantry (formally Yarmouth Food Pantry)** Lighthouse Landing Plaza 845 Rt. 28 Unit 16, S.Yarmouth 508-394-0880 www.yarmouthfoodpanty.org Facebook: Yarmouth Food Pantry *Pantry Hours:* ***Tuesdays & Thursdays 5:30-6:30pm*** ***2nd Friday of the month 3:00-4:00pm*** ***3rd Saturday of the month 10-11am*** ***4th Friday of the month 10:00-11:00am*** ***Senior Hours: 2nd & 4th Wednesdays 10am-12pm*** Client Choice Shopping in Pantry
Salvation Army Pantry & Soup Kitchen 100 North St. Hyannis 508-775-0364 www.SalvationArmyMA.org/Hyannis All are welcome! Office and Social Services Hours: Monday-Friday 9:00am-3:00pm ***Pantry Hours By Appointment:*** ***Monday-Thursday 10am-11:15am*** Shelf stable foods, frozen meats, frozen vegetables, frozen fish, dairy products, eggs. Toiletries, socks and personal items available to those in need. Donated foods from local retailers every Tuesday, Thursday and Friday. ***Miracle Kitchen Open:*** ***Monday-Friday*** ***Breakfast 8:30-9:30am Lunch 11:30-12:30pm***	**St. David's Episcopal Church** 205 Old Main St. South Yarmouth 508-394-4222 www.stdavidscapecod.org ***Open 3rd Wednesday of the month*** Paper Pantry and meals to go & clothes Pantry is located in Nelson Hall which is the last building behind the church church
St. Pius Food Pantry 5 Barbara Street, South Yarmouth 508-394-2244 Open By Request	**Canaan Church Food Pantry & Everyone Eats Community Garden** 204 Route 28, West Yarmouth Caribbean Food Options Available Serving all Mid-Cape and Chatham For emergency requests or for delivery, please call 508.266.1439

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NourishHub Food Access Fridge at the Hyannis Public Library 401 Main Street, Hyannis 508-775-2280 www.hyannis library.org Free, healthy foods provided by Family Table Collaborative All are welcome to enjoy! **Fridge is open during regular library hours:** Monday: 9:30am-5:00pm Tuesday: 12:00pm-7:00pm Wednesday: 12:00pm-7:00pm Thursday: 9:30am-5:00pm Friday: 9:30am-5:00pm Saturday: 10am-4:00pm	**Dennis Center for Active Living** 1045 Route 134 508-694-2004 jbenoit@town.dennis.ma.us Mobile Food Pantry sponsored by the Family Pantry of Cape Cod- Please call for details
Hands of Hope Food Pantry- Serving Mid Cape 49 Rt. 28 West Harwich 508-432-1312 ***Pantry Hours:*** ***Mondays 10:00pm-3:00pm*** ***Tuesdays 1:00pm-3:00pm*** ***Wednesdays 1:00pm-3:00pm, 4pm-6pm*** ***Thursdays 1:00pm-3:00pm*** ***Fridays 10am-1pm*** Meats, dairy, bakery, perishables and non-perishables, personal items, paper products ***Thrift Shop hours:*** Mid-March through Mid-December ***Tuesdays, Wednesdays, Thursdays, Saturdays 10am-1pm***	**The People's Fridge** 100 Oak Street at the Harwich Community Center Call the Harwich Health Department 508-430-7509 for information Fridge is located inside the Community Center Building next to the Council on Aging ***All are welcome, no age restrictions & no questions asked!*** Fridge will be stocked Monday through Friday with 10 prepared bagged lunches a day
Healthy Meals in Motion Mobile Food Pantry Family Pantry of Cape Cod Registration is required Call Andrea at 508- 487-7080 60+ years old; families with children Food choice pantry – nonperishables, vegetables, dairy, meat and bakery items	**Harwich Pantry Lower Cape Outreach Council** St. Peter's Lutheran Church 73 Main Street, Harwich 508-240-0694 www.lcoutreach.org/pantry-hours ***Mondays: 1pm-3pm*** ***Tuesdays: 3:30pm-5pm*** ***Wednesdays: 12:30-2:30pm*** ***Fridays: 10am-12pm*** Client choice shopping- Grocery list available on website or at pantry All are welcome!
Brewster Pantry Lower Cape Outreach Council Brewster Baptist Church 1848 Main St., Brewster 508-240-0694 www.lcoutreach.org/pantry-hours **No Appointment Needed** ***Pantry open:*** ***Mondays: 10am-12pm & Thursdays 10:00am-12:00pm***	**Chatham Pantry Lower Cape Outreach Council** St. Christopher's 625 Main St. Chatham 508-240-0694 www.lcoutreach.org/pantry-hours ***Tuesdays 4pm-6pm*** ***Thursdays 3:00-5:00pm*** Client choice shopping- Grocery list available on website or at pantry

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St. Francis Food Pantry First United Methodist Church in Chatham 16 Cross Street, Chatham Located in the Thrift Shop Open Thursdays and Fridays from 11am – 2pm ID is required, may be in the form of a utility bill if no driver's license.	**Orleans Pantry-Lower Cape Outreach Council (Updated)** Orleans Methodist Church 73 Main St. Orleans Pantry located across from the library 508-240-0694 www.lcoutreach.org/pantry-hours **No Appointment Needed** ***Tuesdays 10:00am-12:00pm***
Lower Cape Outreach Council-Main Pantry 19 Brewster Cross Rd. Orleans 508-240-0694 www.lcoutreach.org/pantry-hours Due to Construction, pantry will temporarily be located on the street level. **Katy's Korner** *Closed during construction. Re-opening date to be determined.	**Food 4 Kids Cape Cod Summer Eats Program** 204 Monument Road, Orleans (800) 645-8333 www.food4kidscapecod.org Meals Available: Monday through Friday end of June through August A summer food service program that provides breakfast, lunches, and snacks to children For children 18 or younger Inquire for locations and times
Eastham Pantry-Lower Cape Outreach Council Eastham United Methodist Church 3200 State Hwy, Route 6, Eastham 508-240-0694 www.lcoutreach.org/pantry-hours ***Pantry Hours:*** ***Mondays: 4pm-6pm*** ***Tuesday 10:00am-12:00pm*** ***Thursday 2:00pm-4:00pm***	**Nauset Fellowship at Eastham's Chapel in the Pines** 220 Samoset Road, Eastham Community Food Exchange All are welcome! Take what you want or leave any canned and packaged non-perishable items Call 508-246-4924 to arrange donation pick up if needed
Eastham Community Fridge 2500 State Highway, Eastham Health Department Call 774-801-3229 before arriving to make sure it's stocked The fridge is in the small building between Town Hall and the Police Department.	**Cape & Islands Veterans Outreach Center** **Mobile Pantry** Eastham Elks Club 10 McKoy Road, Eastham 2nd and 4th Tuesday of each month from 10am-1pm 508-778-1590 www.capeveterans.com Facebook: Cape & Island Veterans Email: Info@capeveterans.com Pantry Open to Veterans Only

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Eastham Council on Aging Eastham Senior Center 1405 Nauset Road, Eastham (774) 801-3151 www.eastham-ma.gov/542/Council-on-Aging Office Hours: Mon. - Fri. 8:30a-3:30pm Several Food Program For Eastham residents 59+ Pre-registration is required call (774) 801-3151 to register Food Programs Include: -Dry Goods Pantry & personal items -Mobile Food Pantry by The Family Pantry of Cape Cod: 1st Wednesday of the month, 12:00pm-1:00pm Eligible participants receive a grocery shopping list to select needed food items. -Brown Bag Friday: Fresh and frozen items available for pickup or delivery on the 1st Friday of the month. Pre-registration required	**Wellfleet Pantry-Lower Cape Outreach Council (Updated)** Our Lady of Lourdes Parking Lot 2282 Route 6, Wellfleet (Located at the corner of Lieutenant Island Road and Route 6) No appointment needed 508-240-0694 www.lcoutreach.org/pantry-hours ***Mondays 3pm-6pm*** ***Wednesdays 3pm-6pm*** ***Thursdays 10am-12pm*** All are welcome!
Truro Community Kitchen Operating out of Christian Union Church 27 Shore Road, Truro 973-868-7526 ***Tuesdays for deliveries only*** To register for a meal, email **info@trurocommunitykitchen.org** **or call/text 508-514-1833** No documentation required- Open to Truro Residents Only 2 prepared meals will try to accommodate dietary needs	**Truro Pantry- Lower Cape Outreach Council** Community Center 7 Standish Way, Truro No Appointment Needed ***Tuesdays 10am-12:30pm Walk In*** ***Wednesdays 10-12:30pm Walk In*** www.lcoutreach.org/pantry-hours Client choice shopping- Grocery list available on website or at pantry All are welcome!
Provincetown Pantry Lower Cape Outreach Council United Methodist Church 20 Shank Painter Rd. Provincetown 516-974-1524 www.lcoutreach.org/pantry-hours ***Wednesdays 10:00am-2:00pm*** ***Thursdays 10:00am-2:00pm*** Choice pantry-shopping list is posted on the website and is given out upon arrival	**Helping Our Women** 34 Conwell Street, Provincetown (508) 487-4357 www.helpingourwomen.org Pantry Hours: Mon. - Fri. 10a-4p Supplemental food and personal care product pantry Open to the public
AIDS Support Group of Cape Cod 96 Bradford St. Provincetown www.asgcc.org 508-487-9445 Facebook: AIDS Support Group of Cape Cod ***Monday-Friday 9am-5pm*** Must be a client to receive food Delivery available to Provincetown and Truro clients. Call to schedule delivery.	**Unitarian Universalist Meeting House of Provincetown** 236 Commercial Street PO Box 817 Provincetown, MA 02657 https://www.uumh.org/ Small free food pantry that is available 24/7, Office hours: 9am-4pm, Monday through Thursday Open to the public

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Crop Swap at the Provincetown Library 356 Commercial Street, Provincetown 508-487-7094 www.provincetownlibrary.org Facebook: Crop Swap Community fridge filled with fresh produce Open to all during regular library hours: Monday: 10:00am-5:00pm Tuesday-Thursday: 10:00am-8:00pm Friday: 10:00am-5:00pm Saturday & Sunday: 1:00pm-5:00pm	**Provincetown Council on Aging** Memorial Community Center 2 Mayflower Street, Provincetown 508-487-7080 www.provincetown-ma.gov/72/Council-on-Aging Pantry ***Monday-Thursday 8am-5pm &*** ***Friday 8am-12pm*** Call ahead for pick up or delivery Non-Perishables & Personal care products as available for people over 60 years old and to those with children enrolled in Provincetown school. Monthly Mobile Food Pantry through The Family Pantry of Cape Cod: grocery pick-up on the 4th Wednesday of the month In-town Shuttle: Tuesday & Wednesday Lunch (donation of $5 suggested)
Community Servings 179 Amory Street, Jamaica Plain (617) 522-7777 www.servings.org Provides medically tailored meals shipped to people who are critically or chronically ill with qualifying insurance Apply through their website: www.servings.org/meal-delivery/	**St. Peter the Apostle, Provincetown** 11 Prince Street, Provincetown (508) 487-0095 ext. 4 www.stpeters-ptown.org Office Hours: Mondays & Tuesdays: 9:30am-4:30pm Wednesdays: 9:30a-12pm Provides gift cards for food and general financial assistance For Provincetown & North Truro residents only
Lasagna Love www.lasagnalove.org Home-delivered lasagna or meal made by volunteers in home kitchens Open to the public Request a meal for you or someone else through their website: www.lasagnalove.org/request	**Mom's Meals** Serves nationwide. www.momsmeals.com 877-508-6667 8:00 AM – 5:00 PM *Delivery available Mom's Meals Long Term Services and Support/Home and Community Based Services Program Provides refrigerated, home-delivered meals to the elderly (ages 65+), disabled, and individuals in poor health, who are eligible for economic assistance through Medicaid Waiver or other government-funded nutrition programs. Payment options include: Medicaid, Medicare or Self Pay

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CAPE COD
BUY FRESH
BUY LOCAL®
www.BuyFreshBuyLocalCapeCod.org

Check out the 2025 Farmers Market Schedule:

Buy Fresh Buy Local - Barnstable County (capecod.gov)
www.buyfreshbuylocalcapecod.org





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Farmer's Market 2025

UPPER CAPE

NEW! Canal Region Farmers Market
Buzzards Bay Park
90 Main St., Buzzards Bay
In collaboration w/ Canal Concert Series
June 26 - August 28
Thursdays, 3pm - 7pm
canalregionfarmersmarket.com
Socials: @CanalRegionFarmersMarket

Falmouth Farmers Market
Marine Park, Scranton Ave.
May 22 - October 23
Thursdays, 11am - 3pm
WINTER MARKET - St. Barnabas' Church
January - March on Sundays 12pm - 3pm
Holiday Market on November 25
Socials: @FalmouthFarmersMarket

Mashpee Farmers Market
Naukabout Beer Garden (by library)
4 Job's Fishing Rd.
Memorial Day - Columbus Day
Sundays, 11am - 3pm
mashpeefarmersmarket.com
Socials: @MashpeeFarmersMarket

Sandwich - Bourne Farmers Market
Sagamore Inn Grounds (behind building)
1131 Sandwich Rd. (Route 6A), Sagamore
Right on town line for Bourne & Sandwich
June 17 - October 14
Tuesdays, 10am - 2pm
Thanksgiving Harvest Market on Nov. 25
sandwichfarmersmarket.com
Socials: @SandwichFarmersMarket

MID CAPE

Bass River Farmers Market
311 Old Main St., S. Yarmouth
June 12 - September 6
Thursdays AND Saturdays,
9am - 1pm
Socials: @BassRiverFarmersMarket

Osterville Farmers Market
Osterville Historical Museum,
155 West Bay Rd.
Early June - Early October
Fridays, 9am - 1pm
ostervillefarmersmarket.org
Socials: @OstervilleFarmersMarket

LOWER CAPE

Chatham Farmers Market
Our Lady of Grace Catholic Church
60 Meetinghouse Rd.
(Route 28 and Route 137)
May 20 - October 14
Tuesdays, 3pm - 6pm
chathamfarmersmarket.org
Socials: @ChathamFarmersMarket

NEW! Harwich - The 204 Market
Cultural Arts Municipal Building
204 Sisson Rd., Harwich
July 3 - August 28
Thursdays, 3pm - 6pm
204sisson.com
Socials: The204

Orleans Farmers Market
YEAR-ROUND, Saturdays
Dec. - Apr., 10am - 12pm
At Lower Cape TV
5 Namskaket Rd.
May - Aug., 8am - 12pm
Sept. - Nov., 9am - 12pm
19 Old Colony Way
orleansfarmersmarket.com
Socials: @OrleansFarmersMarket

OUTER CAPE

NEW! Eastham Farmers Market
T-Time site, 4795 US-6
June 20 - August 29
Fridays, 8am - 12pm
eastham-ma.gov
Socials: @EasthamFarmersMarket

Provincetown Farmers Market
Ryders St.
parking at town lots & high school
May 17 - October 25
Saturdays, 9am - 1pm
SustainableCAPE.org

Truro Educational Farmers Market
20 Truro Center Rd.
June 2 - September 15
Mondays, 8am - 12pm
SustainableCAPE.org
Socials: @SustainableCAPE

Wellfleet Farmers Market
First Congregational Church
200 Main St.
May 21 - October 15
Wednesdays, 8am - 12pm
wellfleetfarmersmarket.com
Socials: @WellfleetFarmersMarket

CAPE COD BUY FRESH BUY LOCAL®
www.BuyFreshBuyLocalCapeCod.org

buyfreshbuylocalcapecod.org

Look for these symbols
for **HIP** & **SNAP** vendors!

Healthy Incentives Program
Fresh. Canned. Dried. Frozen.
It's HIP to be healthy!

SNAP Supplemental Nutrition Assistance Program



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