Hepatitis A is going around.

Hepatitis A is a virus that can cause liver disease.

How can I prevent hepatitis A?



Get a hepatitis A shot (vaccine)



Always wash your hands, especially after going to the bathroom and before eating or making food

How is hepatitis A spread?



Not washing hands after going to the bathroom



Having sex



Using drugs



Sharing food

ADAPTED WITH PERMISSION FROM THE KENTUCKY DEPARTMENT OF PUBLIC HEALTH

What are the symptoms of hepatitis A?



Fever



Yellow eyes



Yellow skin



Dark pee, pale poop, diarrhea

What should I do if I think I have hepatitis A?



Talk to a doctor or go to the hospital right away, especially if you drink alcohol or already have liver disease like hepatitis C

Protect yourself: Get your hepatitis A shot

Hepatitis A shots will be available:

Massachusetts Department of Public Health
617-983-6800 (24/7)