

All about Ticks

With tick-borne diseases on the rise, protecting yourself and your family from ticks is important. By being aware and taking steps to prevent tick bites, you can enjoy the outdoors.

Ticks can be active all year long



Adult deer ticks will be active when temperatures are above 40°F. Entering tick habitat without proper protection is the biggest risk factor for tick bites.

Tick Prevention Methods

- Use Permethrin-treated clothing or repellants containing 20%–30% DEET.
- Tuck long pants into socks or wear closed-toe shoes and tuck shirt into pants.
- Check skin and clothes for ticks every day.
- Put clothes in dryer on HIGH for 15 minutes to kill ticks on clothing.

www.TickReport.com

Free Test for Cape Cod Residents

Resources

Barnstable County Cape Cod Cooperative Extension

extad@capecod.gov or at phone 508-375-6690

<https://www.capecod.gov/departments/cooperative-extension/>

TickReport

Amherst, MA
www.TickReport.com
support@tickreport.com

Massachusetts Department of Public Health

<https://www.mass.gov/tick-borne-diseases>

Barnstable County Department of Health and Environment

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(774) 223-7417

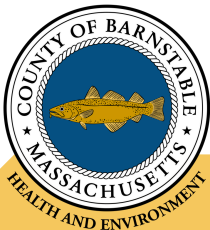


Tick Testing on Cape Cod

Find a Tick? Get It Tested!

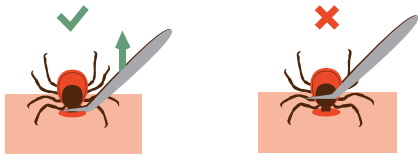
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Tick Removal

Using pointy tweezers, grasp tick by the head and pull straight up. Avoid twisting. Not all ticks carry disease--know which species bit you and have the tick tested.



Cape Cod Ticks

Deer Tick

Also called blacklegged ticks, they can transmit the pathogens that cause Lyme disease, babesiosis, anaplasmosis, Powassan and relapsing fever.



Lone Star Tick

Lone star ticks can spread pathogens that cause ehrlichiosis, STARI (Southern Tick-Associated Rash Illness), and tularemia. Their bite may also trigger alpha-gal syndrome, a red meat allergy.



Dog Tick

Dog ticks can transmit the pathogens that cause tularemia and Rocky Mountain Spotted fever.



Barnstable County Tick Testing Discounts

Thanks to funding from the Barnstable County Department of Health and Environment and the American Rescue Plan Act, tick testing costs are reduced. *

Barnstable County Residents: \$85 off

Wellfleet residents: \$100 off

Choose from three levels of testing:

- Basic Test (normally \$60)
 - **Free** for Barnstable County residents
- Standard Test (normally \$100)
 - **\$15** for Barnstable County residents
 - **Free** for Wellfleet residents
- Comprehensive Test (normally \$200)
 - **\$115** with Barnstable County Discount
 - **\$100** for Wellfleet residents

What's Tested:

Each test screens for various tick-borne diseases, including Lyme Disease, Babesiosis, Anaplasmosis, Powassan Virus, and others. The diseases tested for depend on the level of testing you choose.

*Special pricing is available for a limited time until the funds are fully expended

How to Submit a Tick for Testing

1. Place the tick in a sealable plastic bag.
2. Order a TickReport at **www.TickReport.com**.
3. To apply the Barnstable County discount:*
 - a. Use your official town name (e.g., "Barnstable," not "Hyannis")
 - b. Omit directionals (e.g., "Falmouth," not "East Falmouth")
4. Label the bag and envelope with your order number, then send the tick to:
MedZu, Inc., Attn: Tick Testing
29 Cottage St, Ste C
Amherst, MA 01002
5. Results are guaranteed within three business days after the tick is delivered to the TickReport lab.

*If the discount doesn't apply, email support@tickreport.com for assistance or a refund.