



**BARNSTABLE COUNTY**  
DEPARTMENT OF HUMAN SERVICES

## Online Behavioral Health Needs Assessment Survey-Youth, Families & Providers

### What is behavioral health?

Behavioral health includes the emotions and behaviors that affect your overall well-being such as individual and family experience or life stressors. Behavioral health is sometimes called mental health and often includes substance use.

Barnstable County Department of Human Services is conducting a needs assessment about the behavioral health needs of children, youth, and young adults (age 0–21 years) in the Barnstable County. Results from this assessment will help inform service offerings and decision-making in our region. **Your contribution is valuable!**

This survey is **anonymous** and **voluntary**, does not ask for your name or address, and you can stop taking it at any time. It only takes about 15 minutes to complete.

**Access the Survey at:**  
**[www.capecod.gov/behavioralhealth](http://www.capecod.gov/behavioralhealth)**



Questions about the assessment? Contact [mandi.speakman@capecod.gov](mailto:mandi.speakman@capecod.gov)  
Technical difficulties? Contact [aflynn@hria.org](mailto:aflynn@hria.org) and/or [larsenault@hria.org](mailto:larsenault@hria.org)