

AMERICORPS CAPE COD, 2009-2010

Dear Reader,

This July marks the end of AmeriCorps Cape Cod's 11th Corps year. With the support of Barnstable County, Advisory Board members, community partners, alumni, and citizen volunteers, thirty-four Corps members experienced a year of service and self discovery. Each of these members has contributed to the legacy and impact of Year 11 and this Report to the Community highlights some of their greatest accomplishments.

Over the years AmeriCorps Cape Cod has earned a reputation for swift action in response to emerging community needs. This reputation was put to the test at the beginning of this Corps year. Throughout the summer of 2009, communities across the country found themselves in the midst of a great economic recession. Individuals and families struggled to hold on to jobs, their houses, and their way of life. Barnstable County residents were not immune to these struggles and AmeriCorps Cape Cod could not look away. With confirmed support from the Barnstable County Commissioners and several key community partners, the program made a bold move to expand its Year 11 Corps to address the impacts of the ongoing recession.

In addition to the funding awarded to AmeriCorps Cape Cod to support twenty-six natural resource management and disaster service focused members, the program was the recipient of American Recovery and Reinvestment Act funding through the Corporation for National and Community Service and the Massachusetts Service Alliance to recruit eight special-initiative Corps members for the 2009-2010 Corps year. Specifically, six members were recruited to serve in the AmeriCorps Cape Cod Recovery Program and two members were recruited to join the AmeriCorps Cape Cod VISTA (Volunteers in Service to America) Program. Resource Development and AmeriCorps staff partnered with the Housing Assistance Corporation, the Barnstable County Department of Human Services, and the Community Foundation of Cape Cod to make the new programs successful. These eight additional Corps members dedicated their service time to addressing the capacity building needs of local non-profit organizations and touching the lives of families across Cape Cod. Details of the successes these Corps members made are described in this report.

While AmeriCorps Cape Cod added initiatives to this year's service focus, this did not detract from the program's foundation in environmental and disaster service. Twenty-six Corps members put their passion and energy into serving the important natural resource management and emergency preparedness needs across Cape Cod. This year's members brought a unique set of skills and competencies to the program.

This year has been a momentous one not only for the current Corps members and community but for me personally as well. Year 11 marks the end of my time with AmeriCorps Cape Cod. Upon joining the program in 2002, I never imagined the life I would live on Cape Cod. My memories are filled with scenes from NEED Retreats, house dinners, beach bonfires, Thompson Field Blitz Weeks, and countless days of Monday and Friday group service projects. I feel blessed to have been a part of the staff team at the Resource Development and AmeriCorps office and I thank the endless number of community partners that not only supported the program but supported my individual development as well.

AmeriCorps Cape Cod's impact is far reaching. It has altered the life path of so many of its Corps members; it has changed how natural resource and emergency managers go about their work; and it has literally changed the face of Cape Cod. The breadth and depth of the program's service accomplishments over its history can be credited to the contributions of each Corps year. In the pages that follow this letter, you'll read about the unique initiatives and projects that have made this year's Corps members and service stand out. Please join me in recognizing Year 11's efforts and celebrating their commitment over the last eleven months.

In Service,

Mary Lawrence
AmeriCorps Cape Cod
2002-2010

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Program Supervisor—Bourne House

Lisa Buchs

Program Supervisor—Wellfleet House

Mary Lawrence

Program Coordinator, through April 2010

AMERICORPS CAPE COD RECOVERY

Amanda Howe

Recovery Program Coordinator



The AmeriCorps Cape Cod program is funded through grants from the Corporation for National and Community Service and the Massachusetts Service Alliance and matching funds from Barnstable County. Housing is provided by Barnstable County, Cape Cod National Seashore and the Housing Assistance Corporation.



AMERICORPS MEMBERS



BOURNE HOUSE

Brian Dinizo

Sarah Frese

Colum Lang

Katie LeFevre

Erin Leonhardt

Gabe Lundgren

Riley Moffatt

Sean Murphy

Amy Ranum

Kevin Wade

Korinda Walls

Caroline Walden

Aimee Wang



VISTA

Katie Mueller

Kathleen Seymour



AMERICORPS MEMBERS



HYANNIS HOUSE

Alison L'Heureux	Alex Soper
Alex Murray-Laird	Mike Towle
Jon Safran	Mary Webb

WELLFLEET HOUSE

Erik Boyer	Kaelyn Modrak
Jenny Burkhardt	Dan O'Hara
Ryeon Corsi	Chris Valis
Kevin Denney	Amie Vos
Dan Fister	Peter Woodruff
Colleen Flanagan	Abbey Woods
Margaret Kane	



COMMUNITY IMPACT 1999-2010



Environmental Conservation Projects:

- 2015 land and water-based conservation projects completed

Disaster Preparedness and Response Activities:

- Presented 281 community disaster preparedness education classes
- Instructed 133 CPR-First Aid classes, educating 1409 children and adults
- Response to 28 residential fires
- Participation in 19 disaster simulations and drills
- Response to 112 marine mammal strandings
- Assisted with 30 marine mammal necropsies
- Response to 2003 Buzzard's Bay oil spill
- Response to January 2005 winter Blizzard
- Response to December 9th, 2005 winter/wind storm
- Response to the 2005 Hurricane Katrina evacuees in Operation "Helping Hands"
- Response to November 2007 Nor'easter
- Opened 4 shelters in November 2009 winter storm
- Response to flood damage in spring of 2010

Environmental Education:

- Over 2,000 activities in environmental education—ranging from vernal pools to invasive plant species—directed towards 30,373 residents and visitors
- Run 78 Project Wet Festivals for 11,532 students
- Developed the recycling puppet show, "The Green Ribbon"
- Performed the "The Green Ribbon" puppet show 37 times to 4,257 adults and children

Fostering an Ethic of Service:

- A contribution of 23,357 hours of community service by 6,823 volunteers
- 222 presentations given about AmeriCorps, national service, community service, and civic engagement

Community Events: Organization and Participation in annual events such as:

- AmeriCorps Week
- Canal Clean-Up
- Earth Celebration
- Martin Luther King Jr. Day of Service
- Nauset Cares Day
- Harwich "Blitz" Week
- National Trails Day
- Chatham Youth Service Day
- Mashpee National Wildlife Refuge Clean Up
- Finch Skate Park Clean up
- River Days
- Pilgrim Bark Park
- Cut and Run—Trail Clean up and Race
- Highland Center Celebration
- Junior Solar Sprint
- Arbor Day

Community Collaborations: Collaborations with over 150 groups including:

- Federal, state, county, and town departments
- School, community, and faith-based groups
- Non-profit organizations

Building the Cape Cod Community:

- 98% of ACC Members have successfully graduated from the AmeriCorps Cape Cod program
- 83 alumni have stayed or returned to work on the Cape after graduating from the program
- 34 alumni have worked for Barnstable County or a Town department (12 currently)
- 24 alumni are presently working full-time on Cape Cod
- 32 alumni have gone on to become Service Partners, Advisory Board Members and Trainers for the Program

ESTIMATED PROGRAM VALUE = \$9,571,224

TOTAL MEMBER AND VOLUNTEER HOURS SERVED = 485,551

* THE 2009 INDEPENDENT SECTOR VALUE OF VOLUNTEER LABOR IS \$20.85/HOUR

NATURAL RESOURCE MANAGEMENT



WATER RESOURCE MANAGEMENT

Cape Cod National Seashore North Atlantic Coastal Laboratory

One of the Individual Placements this year is at the Cape Cod National Seashore North Atlantic Coastal Laboratory. I serve as a hydrology and water quality monitoring technician two days a week as well as occasionally doing some herpetology work. Throughout the course of the year I have been working on four different parts of the Cape Cod National Seashore Long-Term Hydrologic Protocol.

The first project that I have been working on is implementing the stream gauging protocol at the Seashore. We have chosen five sites to monitor: one at Fresh Brook, two on the Pamet River, and two on the Herring River. Each week I go out and use a pygmy meter that is attached to a wading rod to get the velocity and flow distribution at multiple verticals along a width of the river. This is the first year of this data collection, but this data will eventually be used for future restoration projects along the Pamet and Herring Rivers.

The other three protocols that I collect field work for are used to monitor the groundwater levels in the park through various types of measurements. The first data set collected each month is done by using a well tape to record the water levels at twenty eight different observation wells between Eastham and Provincetown. The second set of data collected monthly is very similar to the observation wells but they occur in wetland areas. The third set of data that is collected monthly is done by recording the water level at forty different vernal pools throughout the park.

I've also been able to participate in various other projects throughout the year. These projects include assisting with re-writing the CCNS Long-Term Hydrologic Protocol, collection of National Atmospheric Deposition data, collection of Surface Elevation Table data, and participating in walking transects in the monitored vernal pools looking for spotted salamander egg masses. This has been a great opportunity for a Biology major to learn about the unique groundwater patterns of Cape Cod and to learn how global climate change is measured and affects the Lower Cape on an annual basis.

- Jennifer Burkhardt



One of the stream monitoring sites member Jenny Burkhardt visits weekly.

WATER RESOURCE MANAGEMENT

Herring Run Maintenance

Every spring, Atlantic Herring migrate from the waters of the Northeast Atlantic to the freshwater ponds of Cape Cod. Although their primary habitat is the open ocean, they make a tremendous annual journey inland to spawn.

Typically, the herring arrive on Cape Cod in mid to late April and must make their way upstream where they spawn and lay their eggs on the rocky pond bottoms. Herring populations have recently plummeted due to overfishing, and the once abundant baitfish is now in danger of extinction. In the state of Massachusetts, it is now illegal to be found in possession of a herring, dead or alive.

The preservation and protection of this species falls under natural resource management, and AmeriCorps Cape Cod members have played a vital role in helping towns maintain several herring runs, ensuring that the fish have a clear and easy path to their spawning sites. Specifically, the Bourne House has done several group service projects in Bourne, Falmouth, Sandwich, Mashpee, Barnstable, and Yarmouth. Wellfleet members also assisted with a run in the Town of Harwich.



Member Colleen Flanagan works with Harwich Conservation Officer Tom Telesmanick to pull debris from the river.

Equipped with rakes, loppers, and handsaws, we walked upriver in snow, sunshine or rain, through muck and sludge to clear and maintain Cape waterways through which the herring run each spring. We have removed garbage and excess debris from these rivers, as well as overhanging brush and anything else that would impede the upriver swim of the fish. Despite the sometimes treacherous early-spring weather conditions, herring run maintenance is a rewarding experience, especially when we can return to the rivers and see hundreds of fish swimming through our carefully sculpted streams.

- Caroline Walden

LAND RESOURCE MANAGEMENT

Uncle Harvey's Town Landing Forest Restoration Project

On February 27, 2010, the Orleans Tree Department and AmeriCorps Cape Cod worked with Boy Scout Troop 76 and volunteers to begin a forest restoration project at Uncle Harvey's Pond Town Landing in Orleans. The project was Scout member Max Van Dyke's Eagle Scout project. With the help of the Town of Orleans Highway Department, Conservation Commission, and Planning Department, we removed invasive bittersweet and privet from the property – six one-ton truck loads were removed from the site. We also constructed a guardrail system to protect six native tupelo trees which were planted by AmeriCorps and Nauset High School students through grant funding from Green Grant Youth Council.

Uncle Harvey's Pond Town Landing is a town-owned conservation property that is a very ecologically valuable site, as there are a number of American elm trees and stands of red maple and eastern red cedar trees that are native to Cape Cod. This site is one of many fragmented forests on Cape Cod which have been threatened by invasive species. It is overgrown with several such species, including: privet, Japanese honeysuckle, and bittersweet. If encroachment of these species continues, many animals that depend on Cape Cod's native plant stock will suffer from lack of native biodiversity. The resulting goal of the project is to restore Uncle Harvey's Pond Town Landing to its original, undisturbed condition. When this goal has been met, the site will be replanted with native trees and shrubs.



Dan Fister and Erik Boyer work with Boy Scouts to pull bittersweet from the trees.

On April 28, the site had native shrubs and grasses planted to try to reestablish native vegetation on the site. This planting was done in celebration of Arbor Day in the town of Orleans. The restoration of Uncle Harvey's Pond Town Landing is an ongoing process due to the aggressive growth rates of privet and bittersweet. This project would not have been possible without the support of Orleans Town Tree Warden Dan Connolly and the many volunteers who have given their time and energy to this project.

- Erik Boyer



AmeriCorps members work with a volunteer to remove brush from the site.

LAND RESOURCE MANAGEMENT

Mashnee Dike Habitat Restoration



Brian Dinizio and Erin Leonhardt receive instruction from USACE ranger John Pribilla.

Mashnee Dike in Bourne connects the mainland to Hog Island, off the south end of the Cape Cod Canal, and is administered by the Army Corps of Engineers. The dike consists mainly of the rare ecosystem known as sandplain grassland, and supports rare and threatened species such as the Northern harrier and piping plover, which require open grassland habitat. However, pitch pines and scrub oaks have started growing across Mashnee Dike. Our goal was to restore the valuable grassland by removing the trees, while leaving the tree roots in the ground to fight erosion.

Bourne House AmeriCorps members arrived at Mashnee armed with chainsaws and handsaws to tackle the trees, some grown to ten or fifteen feet tall. We set to work felling trees and dragging them to the side of the road to be chipped, and had soon piled up a long line of trees, prompting questions from passersby. The Army Corps generously provided lunch, which we gratefully wolfed down before continuing with work. We were delighted to find copious poison ivy growth in one more-established stand of trees. Ultimately, we cleared a wide swath of Mashnee's middle section.

The next day, AmeriCorps members returned along with Army Corps rangers and volunteers - a class of environmental science students from Upper Cape Tech. Despite cold rain that sometimes blew almost horizontally, the students worked very hard with handsaws and loppers.

They cleared a large portion of a thick stand of trees near the dike's beginning, working together to fell even tall trees with only handsaws, and dragging timber to the roadside as AmeriCorps members and Army Corps rangers utilized chainsaws. The wood chipper arrived and started in on the accumulated piles of wood, a process that required several trips since over two days we had cleared far more than one truckload of wood.

Overall, the Mashnee Dike project proved very successful, despite uncooperative weather. The grassland looked much healthier afterwards. There are still more trees at Mashnee and the project is ongoing, but AmeriCorps and Upper Cape Tech certainly made a large step towards protecting a rare and important habitat.

-Aimee Wang



Colum Lang uses a chainsaw to remove woody vegetation from Mashnee Dike in Bourne.

LAND RESOURCE MANAGEMENT

Sandwich DNR and the Sandwich Blueberry Patch

This year, I have assisted the Town of Sandwich Department of Natural Resources in several areas. One of my larger projects was with the Town's Murkwood parcel, where I have been working to create a system of interpretive signs that foster appreciation of the area's unique assets. I am working on the design and installation of a kiosk that would present maps and information about the property. Other members assisted with this project during Group Service days, re-routing trails away from wet and muddy areas as well as improving access to one of the native reed stands. The long term plan is to duplicate the Murkwood improvements for all the major conservation lands of the town and improve public appreciation of the conservation lands.



Brian Dinizio removes invasive woody vegetation from the Town's blueberry patch on Route 6A.

I have also been creating websites for both the Community Preservation Committee and the Department of Natural Resources. The sites share information about the projects and achievements of the Committee, background on the Community Preservation Act, information on the DNR and its various conservation lands.

As part of my placement, I've also lead several projects to rehabilitate the Town's blueberry patch on Route 6A. The work consisted primarily of removing poison ivy, greenbriar, and viburnum from the bushes as well as removing some of the most mature woody stalks to promote growth of younger, more productive stalks. The projects also included clearing some sections of the plot which have become overgrown with thorns and invasive species, and replanting with blueberries later in the

year. All woody materials gathered from the site were chipped and used to mulch the blueberries.

- Colum Lang

LAND RESOURCE MANAGEMENT

Arbor Day at Taylor-Bray Farm

AmeriCorps Cape Cod encourages members' creativity on projects through our COD day (Community Outreach and Development day) and this year Amie Vos had the idea to do a tree planting. After presenting the idea to fellow members on COD day it became clear that the tree planting would take place at Taylor-Bray Farm in Yarmouthport. Christopher Valis, whose individual placement is at Taylor-Bray Farm, said that the farm was looking into getting some trees planted at the Farm in order to provide more shade for the animals.

It was decided that the perfect day for the planting would be April 30, Arbor Day – a day when we're encouraged to plant and care for trees. Through the help of Bill Clark of the Cape Cod Cooperative Extension and through funding from the Cape Cod Foundation, we were able to purchase three trees and another tree was donated. On April 30, members of the Wellfleet House, Thursday COD Day, and some members of the Taylor-Bray Farm Preservation Association got together and planted two Green Ashes, a Hackberry, and a River Birch.



Abbey Woods, Amie Vos, Peter Woodruff and alum Samantha Miller show off their newly planted tree.



After the trees had been planted, AmeriCorps members built a small boardwalk and mulched the farm's blueberry patch, raked all of the leaves out of the community garden, and pulled a 25 foot telephone pole out of the marsh that was then mounted with a kestrel box. Arbor Day 2010 was a huge success because of the hard work of AmeriCorps members, Taylor-Bray Farm Preservation Association and the Cape Cod Cooperative Extension. Special thanks to the Cape Cod Foundation, who provided the grant funding to purchase the trees.

- Amie Vos and Christopher Valis

Members install a kestrel box in the far pasture at Taylor-Bray Farm.

DISASTER PREPAREDNESS AND RESPONSE

Explorer Post 294

One of the larger projects this year at my Individual Placement with the West Barnstable Fire Department has been establishing and organizing a Junior Fire Department. My service partner, Chief Maruca, noticed a need and a lack of junior fire departments on Cape Cod and assigned me the task of creating one. After brainstorming and trying out different ideas on the best way to start a junior fire department, Chief Maruca brought Learning for Life and the Explorer program to my attention.

Explorer is a worksite-based program for young adults ages 15 -21. Explorer units are called "posts" and have a focus on a single career field, such as police, fire/rescue, health, law, aviation, and engineering. I registered Exploring Post 294 (after WBFD's engine) and went on a search for community members who would be interested in helping organize and recruit young adults with an interest in Fire and Emergency service. I found a local volunteer to become the post advisor and a volunteer from Red Cross who has experience with Exploring Posts to become the Committee Chairman of the Post.

Our first official meeting was in January. We had a great turnout of about 20 young adults and parents who came to the informational meeting to learn about the program. Now, after a few months we have 22 participants who come every Thursday evening to participate in fire and emergency trainings and activities at the



Students at West Barnstable Fire Department Explorer Post 294 get instruction on disaster preparedness and response topics.

Department. The post also volunteers for community service; they recently assisted at a Drill in Truro, the "Race to the Top" Charity event in Provincetown, and also at the WBFD Spaghetti Dinner. I am very proud of how far Explorer Post 294 has come and how far it will go with the help of the Explorers, the department, the parents, our volunteer committee, and myself.

-Amy Ranum

West Barnstable Fire Department firefighters train teens at their weekly Explorer meeting.

DISASTER PREPAREDNESS AND RESPONSE

Responding to Cape Cod Disasters

As the Cape transitions to a regional sheltering plan, AmeriCorps members have played a crucial role. On November 14, 2009, 21 corps members assisted with the Sandwich Regional Shelter Drill. At the drill, members acted out inject roles to test the Red Cross Shelter Staff and were trained to do registration. Knowledge of shelter operations proved useful come the winter storms of December.

On December 19, 2009, Cape Cod was in the crosshairs of a large blizzard and the Red Cross called on AmeriCorps for assistance. The Barnstable County Regional Emergency Planning Committee (BCREPC) made the decision to open 4 regional shelters in Eastham, Harwich, Dennis, and Sandwich. As a partner of the BCREPC, the Red Cross was responsible for staffing the shelters and sent 4 AmeriCorps members to each shelter – 16 in all. The members served for 26 hours straight before the shelters closed down. AmeriCorps Cape Cod was praised in the Red Cross After Action Report for their quick response and knowledge of the sheltering plan.



Red Cross members Kevin Denney, Dan O'Hara, Sean Murphy and Sarah Frese.



Korinda Walls, Aimee Wang and Brian Dinizio talk with volunteers during a regional shelter simulation.

AmeriCorps was called upon again in response to the flooding following the rain storms in late March and early April 2010. On April 2 and 3, AmeriCorps members helped with bulk distribution of clean up kits and performed damage assessment. Members helped the Red Cross distribute 64 clean up kits to home owners in Yarmouth and Pocasset.

- Dan O'Hara

COMMUNITY EDUCATION



COMMUNITY EDUCATION

Water Cycle Boogie

This year, in addition to a few new and improved activities, Americorps Cape Cod tried something a little different during our Water Education Training Festivals, or WET Fests. Instead of the skit that was done last year, we utilized the musical talents of several of our Corps members.

After a whirlwind, 2 hour session of education, joke telling and experiments, the students in attendance are summoned to the stage area with a few fog horn calls. There, AmeriCorps Cape Cod members prepared themselves with signs reading “Evaporation”, “Condensation” and “Precipitation”. Why? So we could sing the “Water Cycle Boogie”! After the crowd arrived at the stage front, I had the pleasure of teaching the students and teachers the simple dance that went along with the song. It is an easy dance, with hand movements for each of the



Chris Valis, Dan Fister, and Brian Dinizio perform with some help from their fellow members.



Sarah Frese and Amy Ranum get ready for the Water Cycle Boogie.

cycle stages. After I was confident in the students’ dancing abilities, our band began the song. With Brian Dinizio on guitar and vocals, Chris Valis on his invented “binstrument” and vocals and Dan Fister on the banjo, the Festival space erupted with music. With the catchy chorus of “Evaporation, Condensation, Precipitation—the water cycle boogie goes round and round, the water cycle boogie goes up and down” the students walked away with a quick and easy way to remember the water cycle. Though some students may have been initially reluctant to participate, I have multiple confirmations that this song has made its way into many students heads. I also have confirmation and evidence that this song will forever be imprinted in the brains of Americorps members as well.

While I wish I could take credit for this impressive and catchy song, the musical group named “The Banana Slug String Band” is responsible for this song, and also many other educational tunes. Gabrielle Belfit, hydrologist for the Cape Cod Commission and my service partner was told about this song by an Americorps alumni and past Water Festival Coordinator. As luck would have it, the enthusiasm and musical talent of our Corps year matched up perfectly with this fun song. I hope that the students of Cape Cod will continue to remember this song, and maybe even teach others “The Water Cycle Boogie”.

-Katie LeFevre

COMMUNITY EDUCATION

Hands-On Environmental Education Initiatives

During my year in AmeriCorps I have been involved in a number of environmental education programs. These activities included taking students to local estuaries and ponds, developing students' interests in aquaculture techniques and opportunities, and teaching a "pizza garden" lesson.

The outdoor field trips to estuaries were done through my individual placement at the Waquoit Bay National Estuarine Research Reserve (WBNERR). At the estuary students used their observational skills to record air and water temperature, cloud type, animals in the area, salinity, pH, and wind speed and direction. Students were encouraged to dig in the sand and wade in the water to find creatures of all shapes, sizes and textures.

I also co-presented a more formal presentation with another AmeriCorps Cape Cod member at the Massachusetts Marine Educators 27th Annual High School Marine Science Symposium. Caroline Walden and I traveled to UMass Dartmouth to give a presentation titled "Wading in Aquaculture" where we discussed our current and past experiences with aquaculture. High school students with an interest in marine science attended the symposium, and our goal was to get them engaged and interested in aquaculture by explaining our experiences. The symposium was a great way to share my knowledge and enthusiasm with students who may want to pursue a future in aquaculture.



Members help 5th grade students in Harwich create a pizza garden.

During my COD day, another educational program I conducted was a pizza garden lesson with 5th graders from Harwich. The purpose of the pizza garden was to have students plant herbs and vegetables that would be used on a pizza, and then eventually create a pizza with the plants they grew. Students were able to plant parsley, oregano, basil, tomatoes, onions and peppers. The pizza garden curriculum included three lessons which taught about sustainability, plant biology and greenhouses. Students were able to grow the seeds in their classroom and record the plants growth in a plant journal and then later transplant the plants outdoors. When the plants were transplanted outside they were arranged in six wedges similar to pizza slices, where they await being eaten by pizza-loving students.

Environmental education allows me to not only get students involved with their environment, but also keeps me in tune with the environment. Each time I take a group outside I am not only able to teach the group something, but they are always able to teach me as well, which I find to be the most valuable part of environmental education.

- Erin Leonhardt

COMMUNITY EDUCATION

American Red Cross Scout Fair

This year the American Red Cross Cape Cod and Islands Chapter held its 3rd Annual Scout Emergency Preparedness Fair in collaboration with the Cape Cod and Islands Council, Boy Scouts of America and Girl Scouts of Southeastern Massachusetts. More than 170 scouts and almost 100 adults and parents attended this year's Scout Emergency Fair, from as far as Martha's Vineyard. Various stations were set up, teaching scouts water safety, basic CPR, First Aid procedures and general disaster preparedness skills. Scouts also had the opportunity to write letters to the troops to show their support.



A volunteer from the West Barnstable Fire Department educates Scouts on emergency preparedness topics.

The fair followed badge guidelines for Wolf, Bear, and Webelos Scout Readyman badge, Emergency Preparedness Award, and the Junior Girl Scout Safety Award. Members

and volunteers of the West Barnstable Fire Department, AmeriCorps Cape Cod, Barnstable Police Station, American Red Cross members and the Emergency Response Vehicle and American Medical Response were on hand. During the brief intermission the 2008 Red Cross Heroes, Girl Scout Troop 80679 from Dennis performed the winter safety puppet show. In addition, parents attended a special short Disaster Preparedness presentation. It covered the current regional sheltering plan as well as what to expect and what to bring to a shelter. This direct presentation and information provided on regional shelters is one of the focuses for Ameri-

Corps Cape Cod members at the Red Cross. The scouts received a Cape Cod & Island Red Cross pin and Red Cross patch, a first aid handbook, emergency whistles, light sticks, a first aid kit and handouts from each table, supported by a TD Bank Charitable Foundation grant. AmeriCorps Cape Cod members planned, attended and helped in the overall success of educating scouts and parents as well as working alongside 20 plus volunteers from the Barnstable community.



-Sarah Frese

Red Cross member Sean Murphy participates in the 3rd Annual Scout Fair.

COMMUNITY EDUCATION

ChathamRecycles Drop & Swap Events

My individual placement is with the Town of Chatham Conservation department, serving as a conservation assistant and as the recycling coordinator. My role as the recycling coordinator puts me as the leader of the volunteer-run group ChathamRecycles. The workgroup strives to increase recycling rates in the town of Chatham by encouraging businesses, residents, and visitors to decrease their trash output and recycle their waste. One way ChathamRecycles encourages sustainable behavior is through annual community events, like Drop & Swap. This year, I helped organize the Drop & Swap event, located at the Chatham Transfer Station in November. Chatham residents came and dropped off unwanted used items and then were able to take home gently used goods like books, athletic equipment, clothes, furniture, etc. In addition we had collections for used tennis shoes, eyeglasses, and crayons that went to organizations to be recycled or reused. The focus of the event is reusing and recycling items that otherwise might be thrown away. We had a great turnout for the event and saw many items find a second home.



Members and volunteers staff booths at a ChathamRecycles event.



A new event this year for ChathamRecycles was the Book & Media Swap. I was the main organizer of the event, which was held at the Chatham Community Center in March. This event was similar to Drop & Swap but focused specifically on books, movies, and music. We collected items from the community before the event, and then held a free swap on Saturday, where anyone could take home bags of books and media. I created educational posters about book and CD recycling to let people know why we were hosting the event. I think that both of these swap events are a great way for people to share and trade belongings, which saves both money and our earth's natural resources.

-Margaret Kane

Community members browse through used books at the ChathamRecycles Book & Media Swap.

COMMUNITY EDUCATION

Enrichment Lessons: Organic Gardening in a Nutshell

This year, AmeriCorps members from Tuesday COD Day have planned and developed a series of six, one-hour enrichment lessons about organic gardening for elementary school students. These lessons are designed to give students a hands-on opportunity to learn the basics of gardening and organic methods. Throughout the lessons, students have the opportunity to plant a seed and watch it grow using different organic gardening techniques, such as vermicomposting and greenhouses. The lesson topics include: recycled paper creations, seeds, worm composting, greenhouses, bees and pollination, and a wrap-up lesson. So far we have taught groups of elementary students in Hyannis and Provincetown, and we hope to do more.

Through this education, all of the members have themselves learned more about organic gardening and have been able to share that knowledge with elementary students. Members at the Wellfleet house have learned to live with a bin full of vermicomposting worms and we've happily been feeding them our food scraps for months. These worms are featured in the lesson on vermicomposting, where students can actually hold a Wellfleet worm and see the castings they leave behind.

In order to better understand bees, beekeeping, and the role bees play in food production, we have had the privilege of attending the Barnstable County Beekeepers' Association Bee School. Over the course of three months, we attended six classes about beekeeping equipment, hive management, the occupants of the hive, bee pests and diseases, and swarm control measures. Thanks to Ryeon Corsi's coordination, the Provincetown enrichment class had the opportunity to take a field trip to the hive at the Provincetown B-Street Community Garden, meet the beekeeper, meet the bees, and view the hive.



Members Caroline Walden and Erin Leonhardt pose by garden beds.

- Colleen Flanagan

VOLUNTEER ENGAGEMENT



VOLUNTEER ENGAGEMENT

The Buzz on B-Street Garden

Rooted in the previous AmeriCorps year and sprouting in this one, the B-Street Garden epitomizes a long-term project that seamlessly transcends these ephemeral terms of service. Former AmeriCorps Cape Cod member Lisa Buchs and Provincetown’s Health and Environmental Affairs Manager Brian Carlson conceived the project last spring and secured the grants and support necessary to see the garden through to completion. Now, one year later, the B-Street Garden will finally bear fruit (or at least some hardy gardeners).



Shed and raised garden beds at the nearly completed B-Street Community Garden.

On our first group service day, the corps encountered the garden when nothing remotely suggesting greenery existed. Decomposing lobster traps, interminable ropes, and unusual garbage disguised the viable land underneath—a disconcerting sight, not only for aesthetic reasons, but for environmental ones, considering the proximity of the fragile Shank Painter wetlands to the garden site. Nonetheless, we found ourselves in the midst of an exhilarating and collaborative training in construction—building the frames of three compost bin systems.

I have spent the past eight months managing the logistical and physical development of this 2.29 acre conservation land. I have had the privilege to participate in the evolution of an open space from a nameless, polluted sand pit to that of a thriving community garden. Officially named after a town-wide brainstorm, the B-Street

Garden represents the invigorating and environmentally-minded spirit of the Provincetown resident, both the year-round and seasonal.

- Ryeon Corsi



Members pose with some of the collected garbage during the site preparation.

VOLUNTEER ENGAGEMENT

Cleaning Up Brewster Beaches

Cape Cod is notorious for Nor'easter storms that pound the Outer Cape beaches and erode the dunes. This winter, storms also blew across Cape Cod Bay, mimicking the strength of the ocean and along with it, washing up large amounts of debris on public beaches in the Town of Brewster. With help from the Brewster Department of Natural Resource's staff, AmeriCorps Cape Cod

members participated in two beach clean-ups that spanned the entire bayside in Brewster on February 5th and March 20th, 2010.



Members pose for a picture on one of Brewster's snowy and newly cleaned beaches.

The clean-up in February proved to be difficult because most of the debris was buried under large amounts of ice that had drifted in over the previous weeks. Nevertheless, AmeriCorps members, along with Natural Resource volunteers and the self-proclaimed "Geezer Squad", a group of seniors that regularly donate their time to help the DNR, worked together in removing 11.3 tons of trash from the beaches. The bulk of the weight came from pressure treated lumber, broken stair pieces and derelict snow fencing that members and volun-

teers removed by hauling them in oyster bins over the sand. There were also over 30 trash bags filled with assorted garbage.

The clean-up on March 20th brought warmer weather and more help! Over 50 people volunteered their time on a gorgeous, 60° Saturday and walked the beaches collecting trash. Teen members of the Northside United Methodist Church, members of the Brewster Sportsmen Committee and Brewster Conservation Trust and some AmeriCorps Cape Cod alum worked alongside AmeriCorps members to clean the beaches.

These clean-ups are essential in preserving the beaches of Brewster for both the locals and those who come to visit. It was wonderful to have so many volunteer their time to protect this ecosystem that is so unique to Cape Cod.

- Abbey Woods

Members and volunteers show off a truck full of collected garbage from Brewster's beaches.



VOLUNTEER ENGAGEMENT

MLK Day of Service 2010

Every year on Martin Luther King Day, AmeriCorps Cape Cod members serve outside our standard focus areas of natural resource management, environmental education, and disaster preparedness in order to address other needs within the community. This difficult financial time has tightened the budgets of towns, non-profit organizations, and in many households throughout Cape Cod. Although it has always been difficult for many families to meet their basic needs, these days more and more people find themselves struggling to make ends meet. After circulating a Request for Proposals throughout the Cape Cod community, it became clear what our project needed to focus on: FOOD.



AmeriCorps members, staff, and community volunteers show off 4,000 items collected for the Cape Cod Hunger Network.

To organize the project, staff and members decided to work directly with the Cape Cod Hunger Network. With much guidance from Beth Albert of Barnstable County Human Services, Pat Fecher of the AIDS Support Group of Cape Cod, Brenda Swain of the Falmouth Service Center, and Mary Anderson of the Family Pantry in Harwich, we were able to devise a multi-faceted MLK Day project. The plan included a food drive blitz at multiple grocery stores across the Cape, food bin and garden box construction, and a community dinner at the end of the day.

A project of this scope required help from not just all 34 AmeriCorps members, 4 staff members, and what turned out to be over 100 volunteers, but also from numerous local businesses. AmeriCorps members were sent to a total of 10 different grocery stores including Stop and Shop stores, Shaw's Supermarkets, and Ring Brother's Marketplace. Members met volunteers at the storefront and began handing out shopping lists to potential donors. The shopping list, which consisted of suggested healthy foods (per request of food pantries), was created with guidance from Kim Condra of the Cape Cod Cooperative Extension. The Dennis Department of Public Works allowed us to host construction projects in one of their buildings. Volunteers with all levels of carpentry experience came together to construct mobile food collection bins and garden boxes. Some of the lumber was donated by Home Depot of Hyannis. The rest of the lumber and other supplies were purchased through a generous grant from Shaw's Supermarkets.

The community dinner capped off a successful day of service and was hosted at the Dennis Church of the Nazarene. Chef Don and Chef Frans of Ring Brothers Marketplace, along with other volunteers, created an incredible soup and salad dinner for everyone that took a part in the day's happenings. During the dinner, keynote speaker Sean Gonsalves spoke about the life and lessons of Dr. Martin Luther King Jr. At the end of the dinner it was announced that our volunteers helped collect nearly 4,000 food items and over \$900 to support the Hunger Network. To watch the Harwich Family Pantry truck drive away loaded from front to back was an extremely rewarding sight to see.

-Brian Dinizio

VOLUNTEER ENGAGEMENT

AmeriCorps Week

The week of May 10th-14th, 2010 marked the annual celebration of AmeriCorps Week with AmeriCorps programs across the country. This year, AmeriCorps Cape Cod served on a project in the Town of Barnstable with the Growth Management Department and the Department of Public Works. The project was supported by a grant from the Massachusetts Service Alliance, match funding from Barnstable County, as well as contributions of supplies and guidance from the Town of Barnstable.

Over five days, AmeriCorps members, along with 163 community volunteers contributed over 900 hours of service to transform the former site of the Suni Sands Motel across from Craigville Beach in Centerville, into a Coastal Mitigation Nursery. Volunteers included local students, community members and 7 AmeriCorps Cape Cod alumni.

A variety of native plants including Eastern red cedars, beach plum, bayberry, bearberry, seaside goldenrod, dusty miller, sweet fern and dune grass were planted across the parcel on raised garden beds. These plants were chosen because they are low maintenance and can survive and thrive in harsh beach conditions. Many of the plants also contain nitrogen-fixing organisms on their



Colum Lang and Ryeon Corsi plant cedar trees at the Coastal Mitigation Nursery.

roots which allow nutrient-poor soil to become viable again.

School groups with students ranging in age from Pre-K to juniors and seniors in high school participated in service learning projects throughout the week, learning about the importance of native plants and barrier beaches and helping AmeriCorps members plant and water the plants in the nursery. With their help and enthusiasm, more than 2,000 native plants were planted over the course of the week.

-Abbey Woods



The members and staff who organized this year's AmeriCorps Week celebrate a job well done at Craigville Beach.

VOLUNTEER ENGAGEMENT



VOLUNTEER ENGAGEMENT

Canal Clean-Up 2010



Jenny Burkhardt and Abbey Woods welcome volunteers to Canal Clean-up 2010.

all ages tie-dyed old t-shirts and made a worn out shirt exciting again. Canal Clean-Up was another great success! Community volunteers not only helped to beautify the Cape Cod Canal but learned about how they could continue to keep our earth healthy and happy in their own lives.

- Kaelyn Modrak

On April 24th, 2010, AmeriCorps Cape Cod, in partnership with the Army Corps of Engineers, hosted its tenth annual Cape Cod Canal Clean-Up. In honor of Earth Day and community service, over 230 volunteers picked up almost 400 pounds of trash from the Canal's walkway, 90 pounds of which was recycled.

It was a beautiful day, and volunteers not only removed waste but also learned about several environmental issues at the educational booths.

There were booths on marine mammal entanglement, hazardous waste, the consequences of buying plastic water bottles, and Barnstable County's rain barrel program. The American Red Cross distributed food to volunteers and members provided music and entertainment during lunch.



Members help some younger volunteers tie-dye t-shirts.

Later on in the afternoon, volunteers of



Volunteers from the Cape and Islands Chapter of the American Red Cross assist with serving lunch to volunteers.

AMERICORPS CAPE COD RECOVERY



RECOVERY PROGRAM COMMUNITY IMPACT

Community Impact 2009-2010

For the 2009-1010 year, the Barnstable County AmeriCorps Cape Cod program received a one year grant funded through the American Recovery and Reinvestment Act. The funding allowed the program to bring six additional AmeriCorps members into the Cape Cod community to provide service in non-profit capacity building as a response to the economic downturn. The six Corps members were partnered with the Housing Assistance Corporation of Cape Cod focusing on housing assistance, housing foreclosure prevention, and other critical needs.

Individual Placement Projects- This year each member was assigned to an “individual placement” at the Housing Assistance Corporation. At these placements members received more in-depth training and took on extra responsibility to help build capacity in the area they were placed in. Through these placements the ACCR members provided services in all 15 towns.

The six placement areas were:

- Homelessness Prevention
- Housing Consumer Education
- Housing Stabilization
- Foreclosure Prevention Counseling
- Energy and Weatherization
- Maintenance and Repair

Group Projects & Community Events – Along with their individual placements, the Recovery members also served on various group projects where they collaborated with other organizations throughout the year as well as participated in several community events such as:

- The Barnstable Big Fix
- Martin Luther King Jr. Day of Service
- Baybridge Club House Painting
- Habitat for Humanity Building Projects
- Lower Cape Outreach Council’s Community Garden
- AmeriCorps Week
- Service at the Community Green site

Volunteers – Through their efforts, ACCR members helped to leverage over 100 volunteers.

ESTIMATED PROGRAM VALUE = \$218,925*
TOTAL MEMBER AND VOLUNTEER HOURS SERVED = 10,500

**Source: The Independent Sector sets the National Volunteer Rate each year*

RECOVERY PROGRAM INDIVIDUAL PLACEMENT

Housing Consumer Education

The six AmeriCorps members serving at Housing Assistance Corporation (HAC) were each placed in areas of the organization that would benefit the most from the service of the Corps member. My placement was in the Housing Consumer Education Center (HCEC) within HAC. There are 8 HCEC locations across Massachusetts. The goal of these centers is to be a “one-stop shop” for housing information and referrals. They ensure that all clients receive the information and services they need. Information is provided for tenants, landlords, prospective buyers and homeowners.

I served with the Coordinator for the HCEC at HAC. I assisted her with a variety of tasks including planning and overseeing a series of workshops offered by the organization. This involved registering clients, gathering and organizing material, coordinating speakers and co-facilitating. There are workshops offered for first time homebuyers, financial literacy, rebuilding credit and post purchase courses. In addition this year a course was designed for folks who are unsure of what their next step should be in the housing process. It helps participants decide whether they should rent or purchase a home. I assisted in the grant process, curriculum writing and facilitation of this course. There are also workshops offered at the various homeless shelters that HAC oversees. I have observed these offerings in order to report on all the educational opportunities the organization has to offer for re-evaluation and planning purposes.

Some of the other projects and tasks completed included: assisting at the front administration desk answering phones, assisting clients in person and client intake. This was a great way to learn a lot about the services the organization has to offer. I created a manual to be used in the resource library where clients have access to a computer. The manual explains basic instructions on how to use a computer and has categorized lists of helpful web sites and search tips. This year HAC launched a new revised website and I assisted with the transfer and editing of content to the new site. I helped to organize HAC’s first ever Round Table discussions where members of other human service organizations would come to HAC to discuss the services they provide to the community.

Serving in the Housing Consumer Education Center at HAC has been a great experience. I was able to interact with clients and staff to have a very well rounded experience. I knew the service I was doing was helping those in need in the community as well as helping the organization continue its mission of delivering housing and employment services that help Cape and islands residents secure a safe, stable and decent place to live.

~Alison L’Heureux



RECOVERY PROGRAM PROJECTS

Baybridge Clubhouse Painting

On Saturday February 20th six AmeriCorps members painted alongside members of the Baybridge Clubhouse. The Baybridge Clubhouse is a non-profit organization that has been on Cape Cod for over twenty years and has over two-hundred and fifty members. It's supported through the Department of Mental Health and The May Institute. The organization offers a variety of services including, education, meals, employment assistance and affordable housing to people on Cape Cod in mental health recovery.

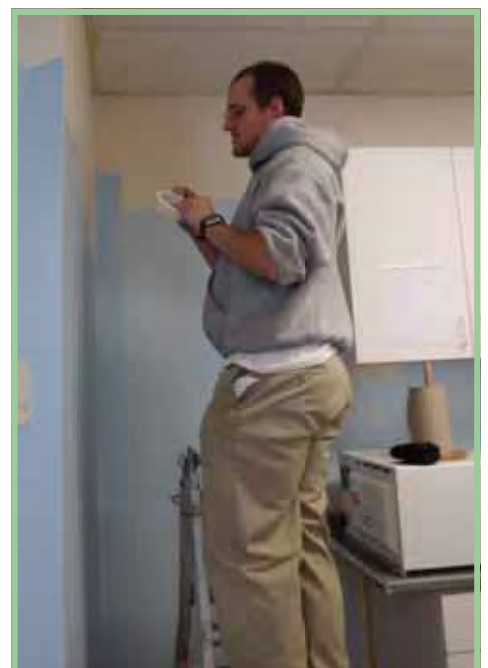
Their building is located in Hyannis and is a place where the clubhouse members can go to receive meals and other services as well as to meet and interact with other members. We received a project proposal asking us to help them do some rehabilitation on their dining room/community area. The walls needed some painting and spackling and parts of the trim were in disrepair. The heavily used room is where clubhouse members go to have meetings and eat meals everyday. Though a beautiful building, the paint which was stained and faded made it look run down.

The clubhouse members are involved with every part of the organization and on the day we showed up to paint many came to volunteer. Throughout the day AmeriCorps members chatted with the clubhouse members getting to know more about both them and the Baybridge Clubhouse and by the end of the day the walls had been transformed from a dingy cream to a light blue making the building look bright and welcoming. It was a wonderful chance for the members to learn about a new organization and get to serve next to people who would also directly benefit from the service being done.

- Amanda Howe



Above (Member Mary Webb) and Right (Mike Towle) paint the common room at Baybridge Clubhouse.



RECOVERY PROGRAM PROJECTS

Angel House Playground

As part of the AmeriCorps Cape Cod Recovery Program, I have been placed in the Maintenance and Repair department at Housing Assistance Corporation (HAC). This requires completing repairs, upkeep, and renovations at the numerous shelters that HAC runs as well as many rental units and properties that they own. Over the past year, I have learned about plumbing, electrical and heating issues, and how to use all the tools of the trade.



Members assist with taking down the hazardous playground equipment

One of the biggest projects that my supervisor and I tackled over the past year was a renovation project at the NOAH Shelter in Hyannis – a homeless shelter that sleeps up to 60 individuals per night. Up until now, the males and females were housed and allowed to mingle in the same part of the building, while the other half of the building had been previously used as a medical clinic for the clients. When the medical clinic moved out, our job was to renovate the clinic spaces to what would be the new female dorm, completely separating the women from the men, and hopefully cutting down on many conflicts that occurred between the clients. The renovation included tearing out cabinets, patching walls, knocking out part of two walls to create a reception area, creating a countertop for reception, sheetrocking a few openings between the two parts of the building, adding smoke detectors to the five new bedrooms, and building a shelving unit for the storage room.

Another large project for the year occurred at the Angel House Shelter, also in Hyannis, that houses women recovering from substance abuse and their children. The shelter had a large play area, which included a wooden play set

that had become rotted. Fortunately, HAC received a grant to purchase a new, bigger and better play set for the children. Before the new play set could be installed though, the old one had to be taken out. Also on the site was a large, heavy play set that, although in good condition, needed to be moved to another spot on the property in order to make room for the new play set. That was also deconstructed, and after the help of some photos on a cell phone, was later reconstructed piece by piece. After the existing play sets were removed, outside companies came in to pour a concrete slab, and cover it with a rubber child friendly material. My supervisor and I then reappeared on the scene to frame the concrete with wooden timbers. We also built a wooden helicopter for the children to enjoy. Finishing out the project, I created a sign for the new playground, thanking everyone that contributed to the project.



- Mary Webb

RECOVERY PROGRAM PROJECTS

The Barnstable Big Fix

On Saturday, May 1st the Recovery members along with Housing Assistance Corporation (HAC) hosted the Barnstable Big Fix. The vision of this community service event was to make home repairs and landscaping improvements that would enhance the comfort, safety and quality of life of senior and disabled residents of the Town of Barnstable. The vision was realized by engaging community volunteers and skilled professionals to assist us in small home repair,



AmeriCorps members disposing of brush and debris that was hauled away from the “Big Fix” homes.

cleaning, and landscaping tasks of homes selected to receive assistance. The accumulation of small home repair tasks can become a burden to the senior and disabled population. Our task was to plan an event that would meet this need in the community.

The planning process for The Big Fix began in November and was lead by HAC staff members who had the vision for the project. As time progressed we really began to see the day take shape. We reached out to the Barnstable Senior Center, Veterans Outreach and CORD to get the word out to people who would most benefit from our service. We visited local high schools, contacted faith and other volunteer organizations to encourage the community to help us on the day of the event. Business and other organization in the community were contacted for in kind and monetary donations for supplies and materials. We then selected 22 home that we assisted. Once the homes were selected the properties were inspected so we had a real sense of the jobs the home owners wanted completed. Inspections also helped to form a list of supplies, materials and tools needed for each job.

Over 150 members of the community volunteered with AmeriCorps members and HAC staff. All participants met at the Barnstable Senior Center to kick off the day where they heard from Corps members, HAC CEO/President, Rick Presbrey and Barnstable Assistant Town Manager, Tom Lynch. Then teams assembled and headed to their assigned home to complete the needed tasks. Volunteers were divided into groups led by a team leader who had visited their assigned home prior to event. Team leaders had met the home owner and had a real sense of the work that needed to be completed. Teams painted, raked, cleaned gutters and assisted skilled professionals with larger jobs such as hand rail and grab bar installation.

While the planning process was intense and time consuming, by the end of the day on May 1st we knew all the hard work was worth it. The homeowners were grateful for the work completed and the community volunteers were proud of their accomplishments. The Big Fix also brought to light this great need in the community for an event that assists senior or disabled homeowners in maintaining their homes so they are able to stay in them safely and happily. Housing Assistance Corporation plans to continue this event on an annual basis. It was a great experience to be a part of the first ever event of this type for HAC. The Barnstable Big Fix proved to be a big success.



Volunteers and members serving during “The Barnstable Big Fix” event that took place on May 1st.

~Alison L’Heureux

AMERICORPS CAPE COD VISTA

Community Impact 2009-2010

AmeriCorps VISTA is a national service program designed specifically to fight poverty issues. VISTA members assist the low-income community by leveraging human, financial, and material resources to develop self-sustaining solutions for poverty related issues. VISTA members collaborate with a sponsoring agency for 12 months with the goal of building organizational capacity so that human service providers will be better equipped to alleviate poverty concerns after the VISTA service is completed.

This year, the Barnstable County Resource Development Office was awarded a grant to support a VISTA program for the first time. Kathleen Seymour of Hyannisport, MA and Katie Mueller of Montgomery, NJ joined the program in August of 2009 to respond to emerging human service needs on Cape Cod. Kathleen partnered with the Barnstable County Human Service Department to help establish a regional 211 health and human service help line on the Cape. Katie served with the Cape Cod Foundation to launch a comprehensive regional volunteer network called Cape Cod Volunteers. Each VISTA member demonstrated personal initiative, professional polish, and a remarkable dedication to their respective projects which allowed them to exceed expectations and furnish Cape Cod with invaluable resources to respond to human service needs in the future.



Barnstable County AmeriCorps VISTA Program Impact:

Mass 211
www.mass211.org

Cape Cod Volunteers
www.capecodvolunteers.org

Estimated VISTA Program Value:
\$87,328.00

VISTA PROJECTS

MASS 2-1-1

This past year, I have served as a VISTA with the Barnstable County Department of Human Services. My role at the Department has been to expand and market the Mass 2-1-1 database on Cape Cod and the Islands. Mass 2-1-1 is an information and referral database and hotline for health and human services across the state. Those seeking services only need to know one number now to access a vast array of human service providers, and that number is 2-1-1. It is a free and confidential system that is sponsored by United Way, the Massachusetts Emergency Management Agency, and the Executive Office of Health and Human Services. The service is available twenty-four hours per day, seven days per week, and is also the official point of contact for receiving emergency information in a time of local or statewide crisis.

Over the course of my VISTA service, the number of Cape and Islands organizations on 2-1-1 has doubled, and we have reached over 1,000 individuals through training presentations and networking events. The rate of 2-1-1 calls from the Cape and Islands has increased by 133% since the spring of 2009. Marketing and updating of the Mass 2-1-1 database will continue over the next several months. For further information, please contact the Barnstable County Department of Human services at www.bchumanservices.net

-Kathleen Seymour



Cape Cod Volunteers

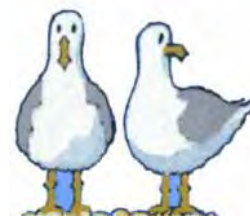
Cape Cod has a population of residents and visitors rich in experience, energy, and compassion who want to be involved and have time to give. But unfortunately, there are many barriers to volunteering. Where does one start? How do people new to the community find a volunteer opportunity that makes the most of their skills and interests? What if you commit to a volunteer opportunity that you end up disliking?

Cape Cod Volunteers is an initiative of the Cape Cod Foundation but wouldn't be anything more than a plan on paper without the help of Barnstable County and AmeriCorps/RDO. With their assistance, the Foundation secured the placement of an AmeriCorps*VISTA (me!) to coordinate the Cape Cod Volunteers initiative. AmeriCorps*VISTA [Volunteers In Service To America] is the only national service program designed specifically to fight poverty in American communities. As a VISTA, I serve the community indirectly by building capacity for local nonprofits to more effectively carry out their missions.

I have spent this year establishing the organization, Cape Cod Volunteers. The mission of Cape Cod Volunteers is to link people with meaningful opportunities for community engagement on Cape Cod and we intend to do so by establishing a user-friendly volunteer-matching network. We have already launched a website to centralize Cape volunteer opportunities, which is located at www.capecodvolunteers.org. But stay tuned! We also plan to open a volunteer drop-in center for those who want assistance in finding a volunteer opportunity that taps into their skills while engaging their interests and passions. With the help of Cape nonprofits and Cape residents and visitors, Cape Cod Volunteers is getting things done!

- Katie Mueller

2010-2011 SERVICE PARTNERS



Jeanne Adams, Cape Cod Volunteers Advisory Committee
Mark Adams, Cape Cod National Seashore
Winslow Adams, Cape Cod Volunteers Advisory Committee
Beth Albert, Barnstable County Health and Human Services
Megan Amsler, Cape and Islands Self-Reliance
Mary Anderson, Cape Cod Hunger Network
Kristin Andres, Chatham Department of Health and Environment, Conservation Division
Red Bansfield, Barnstable Land Trust
Greg Bar, Housing Assistance Corporation
Delores Barbati-Poore, Housing Assistance Corporation
Susan Barker, Eastham Health Department
Jaci Barton, Barnstable Land Trust
Glen Beasley, American Red Cross
Kat Beauchamp, Association to Preserve Cape Cod
Ruth Bechtold, Housing Assistance Corporation
Gabrielle Belfit, Cape Cod Commission
Bill Bonnetti, Yarmouth Dept. of Natural Resources
Stephanie Brady, Cape Cod Community College
Nicole Brooks, Cape Cod National Seashore
Rich Brothers, Cape Cod Volunteers Advisory Committee; Cape and Islands United Way
Wendi Buesseler, Oyster Pond Environmental Trust
Ryan Burch, Brewster Dept. Natural Resources
Deanna Bussiere, Housing Assistance Corporation
Peter Carlow, Eastham Dept. of Natural Resources
Brian Carlson, Provincetown Conservation Commission
Jennifer Carlson, American Red Cross
John Chatham, Harwich Conservation Commission
Nancy Church, Cape Cod Museum of Natural History
Phil Ciaverelli, Housing Assistance Corporation
Bill Clark, Cape Cod Cooperative Extension
Nina Coleman, Barnstable Dept. of Natural Resources
Dan Connolly, Orleans Highway Department
Bob Cook, Cape Cod National Seashore
David Crary, Jr., Cape Cod National Seashore
Jane Crowley, Eastham Health Department
Sue Daggett, Cape Cod Volunteers Advisory Committee, Habitat for Humanity
Adrienne Danner, Housing Assistance Corporation

Nancy Davison, Housing Assistance Corporation
Dave DeConto, Sandwich Dept. Natural Resources
Justin DeForest, Cape Cod National Seashore
Rosemary Dillon, Cape Cod Volunteers Advisory Committee; Cape Cod Community College
David Doherty, Chatham Conservation Foundation
Judy Desrochers, Meetinghouse Farm
Jack Duggan, Taylor-Bray Farm Preservation Association
Perry Ellis, Mashpee Harbormasters
Jacqueline Etsten, Barnstable Growth Mgmt.
Mary Everett-Patriquin, Housing Assistance Corporation
Mark Faherty, Wellfleet Mass Audubon
Kate Ferreira, Housing Assistance Corporation
James Gallaher, Brewster Department of Natural Resources
Kevin Galligan, Cape Light Compact
Mark Galkowski, Sandwich Department of Natural Resources
Gisele Gauthier, Housing Assistance Corporation
Bill Geiss, Falmouth Service Center
Ilna Geiss, Falmouth Service Center
Paula George, Cape Cod Volunteers Advisory Committee; Cape Cod Regional Transit Authority
Kathleen Giorgio, Dream Day of Cape Cod
Matt Gough, Barnstable Department of Marine and Environmental Affairs
Debbie Grabler, Provincetown Bark Park
Mike Gratis, Bourne Department of Natural Resources
Hilary Greenberg, Wellfleet Health and Conservation Department
Tobey Eugenio, Heritage Museum and Gardens
Mark Faherty, Massachusetts Audubon Society
Debbie Fitton, Cape Light Compact
Brad Hall, Yarmouth Conservation Department
Pat Harcourt, Waquoit Bay National Estuarine Research Reserve
Becky Harris, Coastal Waterbird Program
CT Harry, Cape Cod Stranding Network
Patricia Hart, Cape Cod Volunteers Advisory Committee; Elder Services of Cape Cod and the Islands
Lucy Helfrich, The 300 Committee

Lisa Hendrickson, Dennis Conservation Trust
George Heufelder, Barnstable County Department of Health and the Environment
Martha Hevenor, Cape Cod Commission
Don Hoffer, Falmouth Beach Department
Jeff Hughes, Wellfleet Herring Warden
Rachel Hutchinson, Eastham Department of Natural Resources
Bill Iacuessa, State of Wellfleet Harbor Conference Committee
Kate Iaquinto, Monomoy National Wildlife Refuge
Ian Ives, Mass Audubon
Tony Jackett, Town of Provincetown/Truro Shellfish Constable
Matt James, West Barnstable Fire Department
Ellen Jedrey, MA Audubon Society
Doug Kalweit, Barnstable Department of Natural Resources
Kristie Kapp, Sandwich Community Green
Darcy Karle, Barnstable Conservation Commission
Ted Keon, Chatham Coastal Resources Department
Bill Keto, The Barnstable Land Trust
Cheryl Kramer, Housing Assistance Corporation
Michael Lach, Harwich Conservation Trust
Mary LeClair, Cape Cod Volunteers Advisory Committee; former County Commissioner, Barnstable County
Krista Lee, Cape Cod National Seashore
Alison Leschen, Waquoit Bay National Estuarine Research Reserve
Paul Lindbergh, Wellfleet Department of Public Works
Scott Lindell, Marine Biological Laboratory
Jim Long, Cape Cod Volunteers Advisory Committee; Mashpee Council on Aging
Matt Loo, Barnstable Shellfish Department
Bob MacCready, Housing Assistance Corporation
Mike Maguire, Cape Cod Cooperative Extension
Celeste Makely, Wellfleet Community Garden
Karen Malkus, Town of Barnstable, Health Department, Coastal Health
Brian Malone, Dennis Dept. of Natural Resources
Ryan Mann, Harwich Conservation Trust
Tom Marcotti, Barnstable Shellfish Department
Alan Marcy, Dennis Department of Natural Resources

2010-2011 SERVICE PARTNERS

Chuck Martinsen, Falmouth Department of Natural Resources

Joseph Maruca, West Barnstable Fire Department
Karen Marciante, Cape Cod Volunteers Advisory Committee; Yarmouth Council on Aging

Cindi Maule, Housing Assistance Corporation

Donna McCaffery, Cape Cod Commission

Heather McElroy, Cape Cod Commission

Don McIntyre, Taylor-Bray Farm Preservation Association

Lynn McIntyre, Taylor-Bray Farm Preservation Association

Lauren McKean, Cape Cod National Seashore

Drew McManus, Mashpee Department Natural Resources

Lisa McNeill, Cape Cod Foundation Vice-President

Chris Miller, Brewster Department of Natural Resources

Gerri Moore, Housing Assistance Corporation

Bruce Mogardo, Falmouth Beach Department

Paul Morris, Truro Department of Public Works

Dennis Murley, Wellfleet Bay Wildlife Sanctuary, Mass Audubon

Diane Murphy, Cape Cod Cooperative Extension/ SEMAC

Marty Murphy, Taylor-Bray Farm Preservation Association

Josh Nigro, Massachusetts Department of Conservation and Recreation

Tara Nye, Association to Preserve Cape Cod

Brian O'Connell, Cape Cod Volunteers Advisory Committee Chair; Cape Cod Foundation Board of Directors

Judith Oset, Cape Cod National Seashore

Pat Pajaron, Truro Health Department

Janice Parin, Lower Cape Outreach Council

Heinz Proft, Harwich Harbormaster and Natural Resources Department

Mark Patton, Falmouth Department of Natural Resources

Katie Pearson, Wellfleet Bay Wildlife Sanctuary, Mass Audubon

Les Perry, Department of Conservation and Recreation

Rick Presbrey, Housing Assistance Corporation

John Pribilla, Army Corps of Engineers

Heinz Proft, Harwich Department of Natural Resources

Kris Ramsay, Orleans Conservation Trust and Dennis Conservation Trust

Steve Raneo, Yarmouth Department of Natural Resources

Susan Rask, Barnstable County Department of Health and the Environment

Jim Rassman, Waquoit Bay National Estuarine Research Reserve

Ron Rencurrel, Eastham Bikeways Committee

Alison Rice, Housing Assistance Corporation

Margaret Russell, The 300 Committee

Virginia Ryan, Housing Assistance Corporation

Marjorie Sanson, Housing Assistance Corporation

Craig Schneeberger, Chatham Conservation Foundation

Sarah Sharp, Cape Cod Stranding Network

Paul Sieloff, Town of Wellfleet, Town Administrator

Lara Slifka, Chatham Department of Health and Environment, Conservation Division

Bob Smith, Cape Cod Museum of Natural History

Liz Smith, Cape Cod Volunteers Advisory Committee; Orleans Council on Aging

Margaret Song, Cape Light Compact

Alisha Parker Stanley, Town of Barnstable Growth Management

John Pendleton, Truro Conservation Trust

Lisa Strock, The Compact of Cape Cod Conservation Trusts, Inc.

Katie Sugg, Wellfleet Oyster Fest, S.P.A.T.

Brenda Swain, Cape Cod Volunteers Advisory Committee; Falmouth Service Center

Michael Sweeney, Housing Assistance Corporation

Patrick Swanson, Baybridge Clubhouse

Scott Swank, Heritage Museum and Gardens

Terri Tarozzi, American Red Cross

Tom Telesmanick, Harwich Harbormaster and Natural Resources Department

Amy Usowski, Eastham Department of Natural Resources

Bill Walton, Cape Cod Cooperative Extension/ SEMAC

Chris Walz, Massachusetts Audubon Society

Craig Whitcomb, Chatham Shellfish Department

Karen Whiting, American Red Cross

Paul Wightman, Dennis Department Natural Resources

Richard York, Jr., Mashpee Shellfish Department

TOWN-BY-TOWN SERVICES

Barnstable

Fire Safety Education

Members helped give fire safety education presentations to children at the West Barnstable Fire Department.

Tree Education Blitz

The entire 4th Grade class from Barnstable Horace Mann Charter School, over 400 students, were brought on field trips to Meeting House Farm in West Barnstable where AmeriCorps members gave educational tours and taught lessons related to trees, organic and worm composting, and the natural resources at the town-owned farm.

AmeriCorps Week, Suni Sands at Craigville Beach

In partnership with the Town of Barnstable Growth Management Department, AmeriCorps members recruited over 150 community and student volunteers to help with the construction of a coastal mitigation nursery for the program's 3rd annual AmeriCorps Week celebration. The plants grown at the nursery will be transplanted to sites across the Town of Barnstable in need of remediation and erosion control. The project was made possible through a grant from the Massachusetts Service Alliance, as part of a National AmeriCorps Week effort to celebrate community service and AmeriCorps programs, partnerships, and alumni.

Weekly Enrichment Clusters, Barnstable-West Barnstable Elementary School
Members taught an interactive 5-week enrichment program to students at Barnstable-West Barnstable Elementary School on organic growing practices including the role of: greenhouses, bees and worms. Participating students grew their own seedlings demonstrating these principles.

Weekly Enrichment Clusters, Horace Mann Charter School

Members taught an interactive 6-week enrichment program to students at Barnstable Community Horace Mann Public Charter School on organic growing practices including the role of greenhouses, bees and worms. Participating students grew their own seedlings demonstrating these principles.

Puppet Show at Hyannis Early Learning Center

Members presented the Green Ribbon Puppet Show to 20 students at the Hyannis Early Learning Center, as well as the worm farm and recycled paper lessons.

Puppet Show at Cape Cod Academy

Members presented the Green Ribbon Puppet Show to over 80 students at Cape Cod Academy in Osterville.

Barnstable Farm, Fence Clearing and Tree Maintenance

Members assisted the County Farm with removing invasives and other brush from the fence area, and helped with maintenance and removal of trees.

Shellfish Propagation

Members assisted the Department of Marine and Environmental affairs with their shellfish propagation program and gear maintenance.

725 Main Street

Members weeded beds, planted, and did general cleanup of a town-owned open space parcel on Main Street in Hyannis.

Red Cross Safety Fair

Members taught boy/girl scouts about the importance of being prepared.

Southside Village

Members assisted with renovations and repairs.

W.E.T. Festival, Hyannis West Elementary School

Members taught students about the importance of water conservation using hands on activities.

Ways to Water Cleanup

Members assisted with clearing and cleanup at several Town Ways to Water sites.

West Barnstable Fire Department

Members assisted with clearing of an area to be used for burn trainings for volunteer firefighters.

Children's Cove Holiday Party

Set-up, ran, and broke-down for Children's Cove holiday party.

Buttonbush Swamp Restoration

Members invasives from Buttonbush plants in the Buttonbush Swamp at Audubon's Long Pasture Sanctuary to increase swamp health and visibility.

Eagle Pond Trail Maintenance

Members cleared obstructions from and rerouted trails managed by the Barnstable Land Trust and Mary Barton Land Trust.

Safe Harbor

Members assisted with renovations and repairs.

Long Pasture Land Management

Members assisted with various projects removing invasives, maintaining trails, burning cut vegetation, and installing signs along pathways at the Audubon Sanctuary.

Invasive Species Removal and Land Management at Meeting House Farm

Invasive species removal, trail maintenance and community garden bed maintenance.

East Bay Road Invasive Removal

Members assisted the Barnstable Land Trust with removing bittersweet from a pond shore property in Osterville.

River Days

Members taught W.E.T. Fest activities and performed the puppet show 3 times throughout the course of the day.

Junior Solar Sprint Competition

Members planned and ran an event for students to race solar powered cars.

Angel House

Members assisted with renovations and repairs.

NOAH Shelter

Members assisted with renovations and repairs.

Cape Cod Extension Shellfish Relay

Members helped move back of shellfish cultch to the nursery in Dennis.

Piping Plover Education

Members designed educational activities and materials to fill "Roaming Plover Education Backpacks", to be used as an outreach and education tool for communicating the importance of protecting piping plovers to visitors of Sandy Neck Beach.

Barnstable Big Fix

AmeriCorps Recovery members and the Housing Assistance Corporation created a one day volunteer project to where AmeriCorps Members, HAC staff, and over 100 volunteers helped to do maintenance and repairs on 22 homes in town of Barnstable.

Princi Party

Members assisted at the Housing Assistance Corporations annual Princi Party.

Painting at Baybridge Clubhouse.

Recovery members painted alongside clubhouse members to improve their community room.

Bourne

Beach Grass Planting

Student volunteers from Cape Cod Montessori School and the Massachusetts Maritime Academy joined Corps members in a partnership with the Army Corps of Engineers to plant beach grass along Mashnee Dike, as one method of erosion control.

Bournedale Herring Run

Member removed debris, lopped, raked, and otherwise cleared the herring run to enable herring migration.

Crab Spawning Census

Members completed surveys monitoring horseshoe crab spawning habits on Mashnee Dike.

Village of Cataumet

Members assisted with repairs and improvements at the Cataumet shelter and distributing supply bags to kids.

Sagamore Hill Vista Clearing

Members assisted the Army Corps of Engineers with restoring a historic view of Cape Cod Bay from the Sagamore Hill area.

Mashnee Dike Habitat Restoration

Members and student volunteers from Upper Cape Tech removed woody vegetation from Mashnee Dike to help create open heathland habitat.

Brewster

Dream Day Camp

Members cleaned and painted a trailer and created a clearing on the wooded grounds of Camp Nan-Ke-Rafe as part of an undertaking to build an educational nature center at the camp.

Punkhorn Wildfire Management

Members thinned out standing trees, removed fallen trees and chipped debris to reduce wildfire risk.

Brewster Beach Conservation and Management

Members filled and piled sandbags as an emergency effort to stop erosion started during a storm. Members also worked with community volunteers to perform several full beach clean-ups.

W.E.T. Festival – Eddy Elementary

Members taught students about the importance of water conservation using hands on activities.

Nickerson Park Fire Fuel Mitigation

Members removed and burned woody vegetation to assist with wildfire prevention.

Brewster Spring Cull

Members worked to cull oysters and clean out cages.

Wing Island Restoration

Members removed debris and installed stairs and new boardwalk planks on the trail.

Capewide

MLK Day

Over 150 volunteers from the community joined our program to make another Martin Luther King Day "A Day On, Not a Day Off". Volunteers helped staff food drives in grocery stores across the Cape to collect nearly 4000 non-perishable items to stock local food banks, in collaboration with the Cape Cod Hunger Network and Barnstable County Human Services Department. Volunteers also constructed raised garden boxes to grow produce for pantry clients and food collection bins to leave in grocery stores to continue to promote food donations. The event was made possible through funding from Shaw's Supermarkets.

Housing Assistance Corporation

6 Recovery members were placed in individual placements at the Housing Assis-

tance Corporation serving in various capacities including foreclosure prevention, consumer education, homelessness prevention, housing maintenance and repair, energy and weatherization, and stabilization.

Chatham

North Beach Island Cleanup

Members removed storm damage debris from the island.

Training Field Triangle and Captain George Harding Cleanup

Members cleared a trail and removed invasive bittersweet and locust trees.

Chatham Aquaculture

Members harvested oysters, repaired and cleaned cages, changed nets and distributed legal size oysters.

ChathamRecycles Drop & Swap

Members helped community members deliver items to the Chatham Transfer Station for the Swap Shop and gave information on recycling initiatives.

W.E.T. Festival, Chatham Elementary

Members taught students about the importance of water conservation using hands on activities.

Old Comer's Property/Lover's Lane

Members assisted with clearing invasive plants and cutting a trail.

Sylvan Gardens Restoration

Members removed invasive plants on the property.

ChathamRecycles Book and Media Swap

Members helped to staff a ChathamRecycles event where community members could drop off unwanted books and media and take any items others had left.

Seasonal Closure Signs on Monomoy

Members installed seasonal closure signs on Monomoy Island to protect nesting shorebirds.

ChathamRecycles Fest 2010

Members assisted with a town wide recycling effort to raise awareness of recycling efforts in the town.

Tern Island Habitat Restoration

Members removed beach grass in several areas to create habitat for local Terns. The grass was later replanted in dune stabilization efforts.

Forest Beach Restoration

Members worked to remove invasive and damaging plants on the property.

Audubon Osprey Pole

Members worked with the Audubon to erect an osprey nest pole.

Chatham Conservation Foundation Trail Maintenance

Members removed old dilapidated stairs from a trail and installed erosion prevention measures.

Cedar Street Trail

Members worked to clean and clear the Cedar Street Trail in Chatham.

Annual Tern Census on Monomoy

Members assisted with counting nests of terns and other shorebirds on Monomoy.

Andrew Hardings Beach Restoration

Members installed erosion fencing to rebuild the dune.

Dennis

W.E.T. Festival, Wixon Middle School

Members taught students about the importance of water conservation using hands on activities.

Dennis Fuel Assistance

Prepared firewood taken from various town properties to be distributed to low-income individuals for fuel.

Housing Assistance Corporation
Repairs at a property site.

Eastham

Hemenway Landing
Members worked alongside community volunteers to pick up trash along Hemenway Landing as part of the state-wide Coast Sweep efforts to eliminate marine debris from the environment.

Eastham Fall and Spring Rabies Baiting
Members assisted the town of Eastham with distributing rabies baits to help prevent the spread of rabies on Cape Cod.

Wiley Park, Fire Management Plan
Members thinned out standing trees and burned piles to reduce wildfire risk.

Eastham Float Bag Repairs
Members assisted the DNR with making new float bags to put seed out in the spring/summer.

Housing Assistance Corporation
Repairs at a property site in Eastham.

Eastham Bike Path
Members assisted the committee with removing hazardous brush and limbs from the bike trail to enhance the trail and make it more accessible to families.

APCC Salt Marsh Monitoring
Members helped collect specimens and data from the salt marsh.

Falmouth

Puppet Show, Mullen Hall
Members presented the Green Ribbon Puppet Show to 500 students at Mullen Hall School.

Puppet Show, North Falmouth Elementary School
Members presented the Green Ribbon Puppet Show to students at North Falmouth Elementary School.

Scout Badge Program
Members ran various educational activities at WBNERR to help Girl Scouts receive environmental badges.

Menahaunt Beach
Members worked alongside community volunteers to pick up trash along Menahaunt Beach as part of the state-wide Coast Sweep efforts to eliminate marine debris from the environment.

Worm Farm, Mullen Hall
Members presented the Worm Farm lesson to approximately 100 3rd Grade students at Mullen Hall School.

Worm Farm, East Falmouth Elementary
Members presented the Worm Farm lesson to 60 students at East Falmouth Elementary School.

W.E.T. Festival, Mullen Hall Elementary
Members taught students about the importance of water conservation using hands on activities.

Falmouth Service Center Fall and Spring Maintenance
Putting garden plots to bed, including: weeding, roto-tilling, spreading woodchips on pathways, etc. In the spring, installed a drainage system, transplanted trees, and prepared beds for the growing season.

WBNERR Field Education
Members led students on a walk through Beebe Woods to practice map skills, learn to identify native and invasive species, and observe human impacts on different types of terrain.

Beach Grass Planting
Members stabilized dunes by planting beach grass on various Town beaches.

Invasive Clearing at Ashumet Holly
Members cleared invasive plants to maintain an open-space habitat for birds.

Falmouth Herring Run Clearing Project
Members removed sticks, leaves, and branches from the river to allow for herring migration. They deepened the run and removed sand in key areas.

300 Committee Trail Maintenance
Members assisted with cutting back overgrown vegetation on several trails managed by the 300 Committee.

Coonamessett Reservation Burn
Members cut and burned invasive vegetation on a conservation property.

OPET Phragmites Removal
Removed phragmites plants from Oyster Pond as part of an ongoing control project.

Beach Grass Planting
Members planted beach grass in various areas of Falmouth to help with dune stabilization and restoration.

Ashumet Holly Invasive Removal
Members assisted with removing bittersweet and other invasives at the Mass Audubon Property.

Menahaunt Invasive Removal
Members assisted the Town Beach Department with removing invasive bitter-sweet on a Town parcel near Menahaunt Beach.

Harwich

Pizza Garden Education
Members gave a lesson on organic growing and plant anatomy to over 100 5th Grade students at Harwich Elementary School, and planted seeds with the students to start a pizza garden.

Pleasant Bay Education
5th Grade students from Harwich Elementary took a field trip to Pleasant Bay in Harwich where AmeriCorps members engaged them in service learning lessons and activities.

HCT Small Property Stewardship
Members removed invasive vine growth, including bittersweet and greenbriar in a sensitive vernal pool area on Long Rd and another property on Rte 124.

Bank Street Bogs, Invasive Removal
Members removed poison ivy, shrubs and small trees in order to restore the property to an upland habitat.

Harwich Herring Runs
Members assisted with walking the river in Harwich to remove debris and brush that had grown or fallen into the run preventing travel by herring.

Habitat for Humanity
Members helped out at the Gomes Way site as one of their Saturday services doing painting, flooring, and pipe insulation.

Harwich Blitz Week
Members assisted the town with recruiting school groups and volunteers to clear invasive plants on the Thompson's Field Property as well as two Harwich Conservation Trust properties.

Mashpee

Shellfish Propagation
Members opened oyster bags and redistributed shellfish to help with the Town's propagation and nitrogen remediation projects.

Oyster Tray Construction
Members assisted the town Shellfish Constable with constructing oyster trays for the propagation program.

W.E.T. Festival, Quashnet Elementary School
Members taught students about the importance of water conservation using hands on activities.

South Cape Beach Fencing

Assisted WBNERR with installing a mile and a half of shorebird fencing to protect piping plover nesting areas. Also installed fencing around a parking area to prevent illegal beach access and protect marsh habitat.

Mashpee Conservation Land Management

Members created trails and cleared over-grown trails.

Shorebird Fencing

Members assisted the Mass Audubon Coastal Waterbird Program in installing protective beach fencing on Deadneck, Sampsons Island and Popponessett Spit.

Herring Run Maintenance

Members and volunteers from the Wampanoag Tribe removed trash and obstructions from three key herring runs in Mashpee.

Orleans

Meredith's Cove Restoration

Members cut back invasive locust saplings and pokeweed.

DeWitt Property Restoration

Members removed invasive bittersweet and honeysuckle.

Tar Kiln Marsh Restoration

Members removed invasive phragmites in the marsh and cleared fallen trees and other debris from the stream.

W.E.T. Festival, Orleans Elementary

Members taught students about the importance of water conservation using hands on activities.

Orleans Elementary Urban Forest

Members removed and chipped invasive bittersweet and locust trees for safety and revitalization of native trees.

Orleans Watershed Restoration

Members removed marked trees for habitat restoration and ease of access into the town watershed.

Lower Cape Outreach Council

Members helped with the start up of the Lower Cape Outreach Council's community garden, which will help to provide food banks with fresh produce.

Uncle Harvey's Landing Restoration

As part of a multi-phase restoration project at Uncle Harvey's Town Landing, members, volunteers and a Boy Scout Troop removed invasive plants and planted native shrubs to re-build the bank.

White's Lane Habitat Restoration

Members cleared and burned brush and created nesting habitat for terrapin turtles.

Provincetown

Beach Grass Planting at Herring Cove Beach

Members planted beach grass along eroding dunes.

B-Street Community Garden

Members removed invasive Japanese knotweed and debris, built 3 compost bins, 30 raised garden beds and a large shed for use on the site.

Shankpainter Pond Restoration

Members removed weeds and installed native plants at the property.

Provincetown Beach Cleanup

Members helped with a town-wide beach cleanup.

Weekly Enrichment Clusters, Provincetown Elementary School

Members taught an interactive 6-week enrichment program to students at Barnstable Community Horace Mann Public Charter School on organic growing practices including the role of greenhouses, bees and worms. Participating students grew their own seedlings demonstrating these principles.

Sandwich

Worm Farm, Riverview School

Members presented the Worm Farm lesson to 18 students at the Riverview School.

W.E.T. Festival, Oakridge Elementary

Members taught students about the importance of water conservation using hands on activities.

W.E.T. Festival, Henry T. Wing School

Members taught students about the importance of water conservation using hands on activities.

Community Green Garden Maintenance

Members prepared areas of the property to be used in creation of an educational farm, and planted vegetables to support Housing Assistance Corporation shelters.

Murkwood Trail Creation

Members created a trail in the Town's Murkwood Conservation Area.

Town Blueberry Patch Maintenance

Members revived a town-owned blueberry patch by removing invasives, pruning plants, and planting new bushes.

Hidden Hollow Education Center

Members assisted with preparation of a new environmental education center at Heritage Museums and Gardens.

Fire Fuel Mitigation

Members assisted with removing dead, downed, and hazardous trees at Shawme Crowell State Forest.

Herring Run Maintenance

Members cleared overgrown brush and adjusted resting pools in the herring run.

Red Cross Sheltering Simulation

Members organized and participated in a test of the Red Cross Regional Sheltering system at a school in Sandwich.

Seashore

Marconi Site, Heathlands Restoration Project

Members removed scrub oak and pitch pines and burned them in order to restore the property to its natural state.

Pilgrim Heights Restoration

Members removed scrub oak and pitch pines and burned them in order to restore the property to its natural state.

Highlands Center Cleanup

Members removed debris and trash from the site, cut back a trail, removed old barbed wire fencing, spray painted new fencing and planted native plants.

Truro

Poor's Hill Restoration

Members cleared pitch pine and scrub oak to restore coastal dune habitat.

Truro Fall and Spring Rabies Baiting

Members assisted the town of Truro with distributing rabies baits to help prevent the spread of rabies on Cape Cod.

Truro Beach Cleanup

Members worked with community volunteers to clean all town-owned beaches.

Truro Conservation Trust Beach Cleanup

Members worked with Conservation Trust members to remove large debris washed up in storms from the Trust owned beach.

Wellfleet

Oyster Fest Recycling Initiative

Members directed festival attendees to recycle shells to be used for cultch and helped to direct other recyclables from being put in the trash.

Wellfleet Fall and Spring Rabies Baiting

Members assisted the town of Wellfleet with distributing rabies baits to prevent the spread of rabies on Cape Cod.

State of the Wellfleet Harbor Conference

Members assisted with running the conference at which the state of Wellfleet Harbor was discussed, including topics such as the harbor's ecosystem, water quality, and its general state.

Wellfleet Community Garden Irrigation
Members dug an irrigation trench for the new community garden.

Habitat for Humanity
Recovery members assisted at the work site in Wellfleet as a Saturday Service.

Gull Pond Landing Restoration
Members cleared access to Gull Pond Landing, removing overhanging trees and other debris.

Oakdale Cemetery Restoration
Members removed debris and cleared dangerous overhanging branches.

Wellfleet Audubon Heathlands
Members worked to restore coastal heathland habitat by remove woody plants.

Yarmouth

W.E.T. Festival – Mattacheese Elementary
Members taught students about the importance of water conservation using hands on activities.

Invasive Removal at Taylor Bray Farm
Removed bittersweet and other overgrown brush and shrubs from the property and cut back other invasive plants.

Arbor Day at Taylor Bray Farm
Members planted four trees, built a small boardwalk and spread mulch on the blueberry patch.

Yarmouth Herring Run
Members assisted with walking the river in Yarmouth to remove debris and brush that had grown or fallen into the run preventing travel by herring.

Callery-Darling Trail Maintenance
Members cut back overgrowth and cleared the Callery-Darling trail.

Puppet Show, Laurence MacArthur Elementary
Members presented the Green Ribbon Puppet Show to 250 students at Laurence MacArthur Elementary School.

Salt Marsh Monitoring
Members served with the Association to Preserve Cape Cod's volunteer salt marsh monitoring program. They collected data on water chemistry and fish populations at Bass Creek marsh.



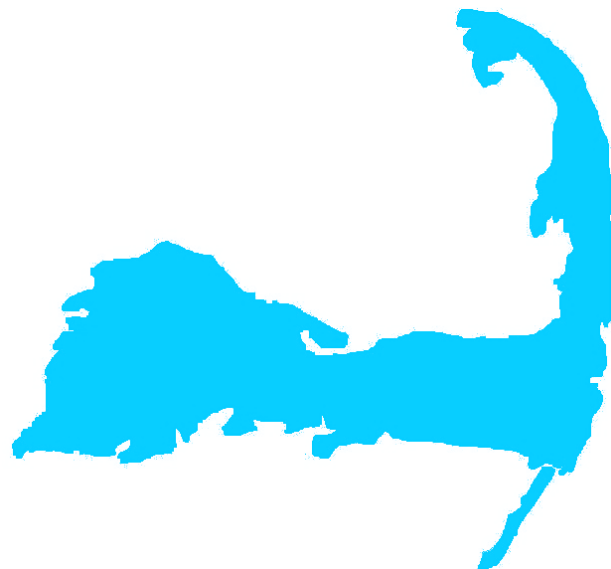
THANK YOU CAPE COD COMMUNITY!

Project Donations

Agway of Chatham
Army Corps of Engineers
Bob Ranum
Buzzards Bay House of Pizza
Cape Cod Bagel
Cape Cod Potato Chips
Coca Cola Company
Craigville Pizza and Mexican Restaurant
Eastern Mountain Sports of Hyannis
'G' Green Design Center
Gray Gables Market
Home Depot
Late July Organic Snacks
North Falmouth House of Pizza
Old Country Buffet
Papa Gino's
Provincetown Stop and Shop
Shaw's Supermarket
South Yarmouth Stop and Shop
Starbucks
Surf's Up Pizza and Seafood
Taylor Rental
The Daily Brew
Wal-Mart
Wareham Shaw's
Yarmouth Stop and Shop

Member Trainings

American Red Cross, Wendy Pierce
American Red Cross, Julie Southwick
Cape Cod National Seashore, George Price
Cape Cod National Seashore, Dave Crary
Cape Cod National Seashore, Justin DeForest
Cape Cod Stranding Network, Sarah Sharp
Cape Cod Community College, Richard Lawrence
Orleans Tree Department, Dan Connolly
WBNERR, Pat Harcourt
WBNERR, Joan Muller
Cape Cod Cooperative Extension, Dave Simser
Cape Cod Cooperative Extension, Mike Maguire
Cape Cod Commission, Gabrielle Belfit
Cape Cod Commission, Donna McCaffery
Cape Cod Commission, Tom Cambareri
Chatham Shellfish Department, Craig Whitcomb
Mashpee Shellfish Department, Rick York
Cape Light Compact, Debbie Fitton
Resource Development Office, Philip Burt
Resource Development Office, Greg Powell
USGS, Denis LeBlanc
CI Emergency Medical System, Katherine Wernier
Barnstable County Substitute Teacher, Nancy Beless



“The true meaning of life is to plant trees, under whose shade you do not expect to sit.”

- Nelson Henderson

Mary Schumacher Lawrence

AmeriCorps Cape Cod, 2002-2010

This year the Report to the Community is dedicated to Mary Schumacher Lawrence. Mary began as an AmeriCorps Cape Cod member in 2002 and served as a dedicated leader for two years. Mary joined the AmeriCorps staff team in 2004 as Regional Supervisor and was later promoted to Program Coordinator.

Mary has been an inspiring role model and an excellent example of what an AmeriCorps member in this program can contribute and achieve. Thank you Mary for your leadership, hard work and dedication to AmeriCorps Cape Cod over the past eight years!

Mary has relocated to upstate New York, where her husband is pursuing a new job. We wish her the best of luck in all her future endeavors!

