Department of Human Services

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MA-503 CAPE COD AND ISLANDS CoC AN ANALYSIS OF VETERAN HOMELESS DATA 10/1/2022-9/30/2023

Prepared by Martha Taylor, HMIS Program Manager – 12/7/2023

This analysis of veteran data uses source files from the Homeless Management Information System (HMIS), the Coordinated Entry System (CES), and the 2023 Point in Time (PIT) Count and covers the 2023 Federal Fiscal Year (10/1/2022 through 9/30/2023). The total number of veteran households enrolled in HMIS projects was 92 with two spouses, for a total of 94 adults. The total number of project enrollments was 127, and the total number of project exits was 50.

Some data categories are missing responses because either the data were not collected, or the client preferred not to answer, resulting in some incomplete datasets for analysis.

[1] HOMELESS MANAGEMENT INFORMATION SYSTEM

[A] **DEMOGRAPHICS** – Three notable characteristics of veteran demographics:

- (1) Age: 75% of the veteran population in HMIS are aged 55 or older, 44% are 65 or older, and 9% are 75 or older
- (2) **Disabilities**: Considering the "greying" of the veteran population as described above, physical health issues at 32% and chronic health conditions at 34% are not surprising. However, almost half (48%) of the veteran population report having mental health issues, while 27% report substance use issues.
- (3) **Chronic homelessness**: 12% of the veteran population qualify as chronically homeless.

RACE

Race	# Answers	% Answers
1+	3	3%
AmerInd	1	1%
Asian	0	0%
Black	13	15%
NatHi	1	1%
White	71	80%
	89	100%

ETHNICITY

Ethnicity		
Hispanic	4	4%
Non-Hispanic	90	96%

AGE

Age Group	#	%
18-24	4	4%
25-34	6	6%
35-44	9	10%
45-54	5	5%
55-64	29	31%
65+	33	35%
75+	8	9%

GENDER

Gender		
Female	11	12%
Male	83	88%

DISABILITIES - Participants may have more than one disability

Disability	Yes	No	TOTAL	%	N/A
Physical	26	56	82	32%	13
Dev	6	76	82	7%	13
Chronic	28	55	83	34%	12
HIV	0	83	83	0%	12
Mental	40	43	83	48%	12
Alcohol	16	67	83	19%	12
Drugs	3	80	83	4%	12
Both	3	80	83	4%	12
*Co-occur	7	76	83	8%	12

^{*} Co-occurring mental illness plus substance use

DOMESTIC VIOLENCE

DV	Yes	No	%
DV Ever	3	91	3%
DV Fleeing	1	93	1%

CHRONICALLY HOMELESS – To meet the US Department of Housing and Urban Development (HUD) definition of Chronically Homeless, a person must:

- (1) Have a documented disability, AND
- (2) Have either:
- a. 12 months of continuous homelessness (Emergency Shelter, Safe Haven, or Unsheltered)

OR

b. In the past 3 years, at least 4 episodes of homelessness with a total of 12 months or more for all episodes

CH		
Yes	11	12%

- **[B] ENROLLMENTS** Five notable observations can be made about project enrollments:
 - (1) Project enrollments by type:
 - (a) 32% of enrollments are into Permanent Supportive Housing (PSH), the best homeless service outcome
 - (b) 13% of enrollments are into Street Outreach, which by definition provides services to unsheltered homeless persons
 - (2) Average length of stay: For all project entries with and without exits, the average length of stay in PSH is 2,168 days, indicating a high level of successful and stable housing placements.
 - (3) Cash income: Participants entered projects with an average monthly income of \$1,047 from all sources, with the highest levels of income consisting of VA Service Disability and Social Security Retirement. Participants exited projects with an average monthly income of \$1,159, an increase of 11% (\$111).
 - (4) **Non-cash benefits:** Only 80% of veterans reported being covered by health insurance of any kind, and only 45% reported having access to Supplemental Nutrition Assistance Program (SNAP) benefits.
 - (5) Program outcomes¹: Overall, 66% of program exits led to positive exit destinations. However, 27% of project exits led to negative exit destinations.

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¹ Positive outcomes = exit destinations to Family, Friends, Halfway House, Transitional Housing, Owned with or without subsidy, Rental with or without subsidy, Rapid Rehousing, Permanent Supportive Housing. Negative outcomes = unsheltered, emergency shelter, safe haven, detox, jail. Neutral outcomes = hospital, long term care, deceased.

PROJECT ENROLLMENTS BY TYPE – Participants may be enrolled in more than one project at a time

Project Enrollment Types	#	%
Coordinated Entry	12	9%
Emergency Shelter	19	15%
Homelessness Prevention	23	18%
Permanent Supportive Housing	41	32%
Rapid Rehousing	10	8%
Street Outreach	16	13%
Transitional Housing	6	5%

127

AVERAGE LENGTH OF STAY (IN DAYS)

All Project Entries	# Days
Weighted Average LOS - ALL	1,020
Coordinated Entry	442
Emergency Shelter	56
Homelessness Prevention	310
Permanent Supportive Housing	2,168
Rapid Rehousing	702
Street Outreach	227
Transitional Housing	1.018

Project Entries with Exits	# Days
Weighted Average LOS - ALL	264
Coordinated Entry	468
Emergency Shelter	30
Homelessness Prevention	52
Permanent Supportive Housing	1,226
Rapid Rehousing	10
Street Outreach	146
Transitional Housing	1,290

Project Entries with No Exits	# Days
Weighted Average LOS - ALL	1,512
Coordinated Entry	317
Emergency Shelter	516
Homelessness Prevention	509
Permanent Supportive Housing	2,669
Rapid Rehousing	779
Street Outreach	405
Transitional Housing	963

CASH INCOME AT PROJECT ENTRY – Participants may have more than one source of monthly income

Veteran Heads of Household with Cash Income at Project Start – 92

Weighted average Monthly Cash Income at Project Start - \$1,047

Income Source	Monthly Avg.	% of all vets
Earned	\$1,900	12%
Unemployment	\$1,093	4%
SSI	\$1,394	26%
SSDI	\$1,397	18%
VA Disability Service	\$1,889	25%
VA Disability Non-Service	\$1,155	5%
TANF	\$606	1%
GAA	\$352	2%
SS Retirement	\$1,434	17%
Pension	\$666	1%
Other Income	\$399	8%

CASH INCOME AT PROJECT EXIT

- Veteran Heads of Household with cash income at project exit 36
- Veteran Heads of Household with N/A 14
- Weighted average monthly cash income at project exit \$1,159
- Variance in average monthly cash income from project start to project exit -\$111 (11% increase)

NON-CASH BENEFITS

Non-Cash Benefits	#	%
SNAP	42	45%
Health Ins	80	86%

OUTCOMES – PROJECT TYPE TO EXIT DESTINATION – Of 50 total exits, 44 had exit destinations recorded

TOTAL OUTCOMES

Outcome Type	#	%
Positive Outcomes	29	66%
Negative Outcomes	12	27%
Neutral Outcomes	3	7%
	44	

Positive Outcomes

Project Type	Destination	#
Coordinated Entry	Family-Permanent	2
Emergency Shelter	Family-Permanent	3
Emergency Shelter	Family-Temporary	1
Emergency Shelter	Friends-Temporary	1
Emergency Shelter	Halfway house	1
Emergency Shelter	TH	1
Homelessness Prevention	Family-Permanent	2
Homelessness Prevention	Owned no subsidy	1
Homelessness Prevention	Rental no subsidy	6
Permanent Supportive Housing	Family-Permanent	1
Rapid Rehousing	Family-Permanent	1
Street Outreach	Family-Permanent	4
Street Outreach	Halfway house	1
Street Outreach	TH	4
		29

Negative Outcomes

Project Type	Destination	#
Emergency Shelter	Detox	1
Emergency Shelter	Unsheltered	9
Homelessness Prevention	Emergency Shelter	1
Street Outreach	Unsheltered	1
		12

Neutral Outcomes

Project Type	Destination	#
Emergency Shelter	Hospital	1
Permanent Supportive Housing	Deceased	1
Transitional Housing	Long Term Care	1
		3

Data Not Collected

Project Type	Destination	#
Permanent Supportive Housing	N/A	5
Street Outreach	N/A	1
		6

OUTCOMES - PRIOR LIVING SITUATION TO EXIT DESTINATION

- Prior Living Situation Participant's living situation prior to enrolling in project
- Exit Destination Living Situation to which client will be going at project exit

EXITS	PRIOR LIVING SITUATION	EXIT DESTINATION	#	OUTCOME	% POSITIVE	% NEGATIVE	% NEUTRAL	% N/A
5	EMERGENCY SHELTER	Family	3	POSITIVE	80%			20%
		Transitional Housing	1	POSITIVE				
		N/A	1	N/A				
2	FAMILY	Family-Permanent	2	POSITIVE	100%			
9	FRIENDS	Family-Permanent	2	POSITIVE	56%	44%		
		Family-Temporary	1	POSITIVE				
		Halfway house	1	POSITIVE				
		Transitional Housing	1	POSITIVE				
		Unsheltered	4	NEGATIVE				
4	HOSPITAL	Detox	1	NEGATIVE	25%	50%	25%	
		Halfway house	1	POSITIVE				
		Hospital	1	NEUTRAL				
		Unsheltered	1	NEGATIVE				
2	N/A	N/A	2	N/A				100%
2	OWNED WITH NO SUBSIDY	Owned no subsidy	1	POSITIVE	100%			
		Rental no subsidy	1	POSITIVE				
4	RENTAL WITH NO SUBSIDY	Rental no subsidy	4	POSITIVE	100%			
1	SAFE HAVEN	N/A	1	N/A				100%
1	TRANSITIONAL HOUSING	N/A	1	N/A				100%
20	UNSHELTERED	Deceased	1	NEUTRAL	55%	30%	10%	5%
		Emergency Shelter	1	NEGATIVE				
		Family-Permanent	6	POSITIVE				
		Friends-Temporary	1	POSITIVE				
		Long Term Care	1	NEUTRAL				
		N/A	1	N/A				
		Rental no subsidy	1	POSITIVE				
		Transitional Housing	3	POSITIVE				
		Unsheltered	5	NEGATIVE				

[2] COORDINATED ENTRY – Of the five referrals to Permanent Supportive Housing made through Coordinated Entry, four were rejected by the client. One veteran was successfully referred and housed.

Total Coordinated Entry Enrollments	12
Assessments prior to 10/1/2022	11
Assessments during 2023 FFY	1
Referrals to Permanent Supportive Housing	5
Unsuccessful referrals - client rejected	4
*Successful referral	1

^{*}Client housed 12/27/2022

[3] 2023 POINT IN TIME COUNT — The most notable statistic from the 2023 Point in Time Count (January 24, 2023) was the number of unsheltered veterans: 0.

		Veteran Totals			
Total Households and Persons		Sheltered		Unsheltered	Total
	Emergency	Transitional	Safe Haven		
Total Number of Households	17	4	0	0	21
Total Number of Persons	18	4	0	0	22
Total Number of Veterans	17	4	0	0	21
Gender		Sheltered		Unsheltered	Total
	Emergency	Transitional	Safe Haven		
Female	6	3	0	0	9
Male	11	1	0	0	12
Gender that is not singularly 'Female' or 'Male' (e.g., non-binary, genderfluid, agender, culturally specific gender)	0	0	0	0	0
Questioning	0	0	0	0	0
Transgender	0	0	0	0	0
Ethnicity		Sheltered		Unsheltered	Total
Ethnicity	Emergency	Sheltered Transitional	Safe Haven	Unsheltered	Total
Ethnicity Non-Hispanic/Latin(a)(o)(x)	Emergency		Safe Haven	Unsheltered 0	Total
-				Unsheltered 0 0	
Non-Hispanic/Latin(a)(o)(x)				Unsheltered 0 0	
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x)				Unsheltered 0 0 Unsheltered	19
Non-Hispanic/Latin(a)(o)(x)		Transitional 2 2		0	19
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x)	17	Transitional 2 2 Sheltered	0	0	19
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race	17	Transitional 2 2 Sheltered Transitional	0 0 Safe Haven	0 0 Unsheltered	19
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race American Indian, Alaska Native, or Indigenous	17	Transitional 2 2 Sheltered Transitional 0	0 0 Safe Haven	0 0 Unsheltered 0	19
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race American Indian, Alaska Native, or Indigenous Asian or Asian American	17	Transitional 2 2 Sheltered Transitional 0 0	0 0 Safe Haven	0 0 Unsheltered 0	19
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race American Indian, Alaska Native, or Indigenous Asian or Asian American Black, African American, or African	17	Transitional 2 2 Sheltered Transitional 0 0	0 0 Safe Haven	0 0 Unsheltered 0 0	19
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race American Indian, Alaska Native, or Indigenous Asian or Asian American Black, African American, or African Native Hawaiian or Pacific Islander	17	Transitional 2 2 Sheltered Transitional 0 0 0	0 0 Safe Haven	0 0 Unsheltered 0 0 0	19 2 Total 0 1 7 0 0
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race American Indian, Alaska Native, or Indigenous Asian or Asian American Black, African American, or African Native Hawaiian or Pacific Islander White	17	Transitional 2 2 Sheltered Transitional 0 0 0 4 0	0 0 Safe Haven 0 0 0 0	0 0 Unsheltered 0 0 0 0	19 2 Total 0 1 7 0 12 1
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race American Indian, Alaska Native, or Indigenous Asian or Asian American Black, African American, or African Native Hawaiian or Pacific Islander White Multiple Races	17	Transitional 2 2 Sheltered Transitional 0 0 0 4	0 0 Safe Haven 0 0 0 0	0 0 Unsheltered 0 0 0	19 2 Total 0 1 7 0 12 1
Non-Hispanic/Latin(a)(o)(x) Hispanic/Latin(a)(o)(x) Race American Indian, Alaska Native, or Indigenous Asian or Asian American Black, African American, or African Native Hawaiian or Pacific Islander White	17	Transitional 2 2 Sheltered Transitional 0 0 0 4 0	0 0 Safe Haven 0 0 0 0	0 0 Unsheltered 0 0 0 0	19 2 Total 0 1 7 0 12 1

15 0 0 15

Total number of persons