## Peanut Butter Oatmeal Cookies

## Makes 3 dozen cookies

- ½ cup butter, softened
- ⅓ cup sugar
- ½ cup peanut butter
- 1/3 cup brown sugar
- 2 egg whites (or one whole egg)
- ½ teaspoon vanilla
- 1 cup flour
- ½ teaspoon baking soda
- 1 cup oats
- 1. Preheat oven to 375° F.
- 2. Blend butter and sugar together. Add peanut butter and brown sugar, mixing until combined well. Add egg and vanilla.
- 3. Mix the baking soda and flour together and add to peanut butter mixture.
- 4. Stir in oats. Drop dough by spoonful 2 inches apart on an ungreased cookie sheet and bake for 8-10 minutes.

Nutrition information: calories 134, fat 7g, protein 3g, carbohydrates 15g







