

References

As the Opioid Settlement funds are not awarded through Barnstable County, further technical assistance requests should be directed to the contacts listed in Section A of this reference guide.

For information regarding substance use efforts at the Barnstable County Department of Human Services (Section B), please email Kate Lena at kate.lena@barnstablecounty.org

For more information regarding any of the substance use topics mentioned in the memo, please see the below resources (Section C – Section G).

SECTION A: Statewide Opioid Settlement Virtual Forum Follow-Up Information

This email was distributed by the Attorney General's office and the Massachusetts Department of Public Health, following a community forum on August 12, 2022.

1. To see a copy of **the presentation** or for answers to **settlement-related FAQs**, charts reflecting estimated payments, and other information about the settlements, visit the [AGO's Statewide Opioid Settlements webpage](#) or email MAOpioidSettlements@mass.gov.
2. For educational materials about the state's **Open Meeting Law**, visit the AGO's [webpage](#).
3. For answers to questions about **abatement strategies**, reporting and technical support, email OpioidRecoveryandRemediationFund@mass.gov. Website coming soon!
4. For answers to **local finance law questions** relating to the settlement funds, local officials should email their question and phone number to Department of Revenue's [Division of Local Services](#) at DLSlaw@dor.state.ma.us. DLS also published answers to FAQs about municipal treatment of opioid settlement funds in its July 7th issue of [City & Town](#).
5. For **procurement-related guidance** and technical assistance, contact the Office of the Inspector General's [Chapter 30B procurement team](#), at 617-722-8838 or 30BHotline@mass.gov. The OIG also published answers to FAQs about the municipal abatement funds [here](#).
6. For information on **how to pool funds with neighboring municipalities**, contact the Office of Local and Regional Health (OLRH): <https://www.mass.gov/orgs/office-of-local-and-regional-health>.

SECTION B: Barnstable County Department of Human Services

1. **Regional Substance Addiction Council (RSAC):** *The Barnstable County Regional Substance Addiction Council's (RSAC) purpose is to establish a communication infrastructure across towns, providers, organizations, and individuals on Cape Cod to help the region identify and address gaps and disparities in the service system, maximize inter-agency collaboration and to maximize funding and resource opportunities.*
 - a. <https://www.capecod.gov/departments/human-services/initiatives/substance-use-prevention/regional-substance-use-council-publications-and-data/>

2. **My Choice Matters:** *My Choice Matters is a social norming campaign that works with a coordinated system of prevention, harm reduction, treatment, and recovery partners, so that Cape Cod Communities are happy, healthy, safe and thriving.*
 - a. <https://www.mychoicematters.net/>

SECTION C: Prevention: SAMHSA explains substance use prevention as: *activities that work to educate and support individuals and communities to prevent the use and misuse of drugs and the development of substance use disorders.*

1. SAMHSA Prevention Page
 - a. <https://www.samhsa.gov/prevention-week>
2. MDPH BSAS Prevention Page
 - a. <https://www.mass.gov/topics/substance-use-prevention>

SECTION D: Harm Reduction: The National Harm Reduction Coalition defines Harm Reduction as: *Harm reduction is a set of practical strategies and ideas aimed at reducing negative consequences associated with drug use. Harm Reduction is also a movement for social justice built on a belief in, and respect for, the rights of people who use drugs.*

1. Harm Reduction Coalition
 - a. <https://harmreduction.org/>
2. Drug Policy Alliance
 - a. <https://drugpolicy.org/>
3. CDC Syringe Services Programming Information
 - a. <https://www.cdc.gov/ssp/syringe-services-programs-faq.html>
4. HealthAffairs “Defending Syringe Service Programs”
 - a. <https://www.healthaffairs.org/doi/10.1377/forefront.20210817.592015>
5. MDPH BSAS Opioid Overdose Prevention Information
 - a. <https://www.mass.gov/opioid-overdose-prevention-information>
6. MDPH BSAS Syringe Service Programs
 - a. <https://www.mass.gov/syringe-service-programs>

SECTION E: Recovery: SAMHSA’s working definition for recovery is: *a process of change through which individuals improve their health and wellness, live a self-directed life, and strive to reach their full potential. BCDHS recognizes all forms and definitions of recovery.*

1. Massachusetts Organization for Addiction Recovery (MOAR)
 - a. <https://www.moar-recovery.org/>
2. MDPH BSAS Peer Recovery Support Centers page
 - a. <https://www.mass.gov/info-details/peer-recovery-support-centers>

SECTION F: Treatment: The National Institute on Drug Abuse (NIDA) defines drug treatment as: *Drug treatment is intended to help people with substance use disorders stop compulsive drug seeking and use. Treatment can occur in a variety of settings, take many different forms, and last for different lengths of time. Because drug addiction is typically a chronic disorder characterized by occasional relapses, a short-term, one-time treatment is usually not sufficient. For many, treatment is a long-term process that*

involves multiple interventions and regular monitoring. BCDHS recognizes all forms of treatment as pathways to a healthier individual.

1. Boston Medical Center Grayken Center for Addiction Training and Technical Assistance
 - a. <https://www.addictiontraining.org/>
2. SAMHSA's MAT Program Page
 - a. <https://www.samhsa.gov/medication-assisted-treatment>
3. Massachusetts Substance Use Helpline
 - a. <https://helplinema.org/>
4. National Institute on Drug Abuse (NIDA)
 - a. <https://nida.nih.gov/publications/principles-drug-addiction-treatment-research-based-guide-third-edition/frequently-asked-questions/what-drug-addiction-treatment>

SECTION G: Data and Reports

1. MDPH BSAS Substance Addiction Data and Reports
 - a. <https://www.mass.gov/substance-addiction-data-and-reports>
2. MDPH BSAS Opioid Statistics
 - a. <https://www.mass.gov/lists/current-opioid-statistics>