

Opioid Settlement and Remediation Funds Menu of Example Programs

Program Name	Brief Description	Estimated Annual Budget (Cost to Town to Implement)	Pooling Funds Possible/Collaboration Encouraged	Ages Served	Example Model Program	Current Barnstable County Locations	Contact for More Information	Additional Resources
Alternative Peer Group	Under the guidance of counselors, family therapist, recovery peer mentors and certified recovery coaches, teens will be able to unbundle underlying feelings and concerns that their substance use often masks. The teens develop the skills and resilience necessary to grow and create positive change in their lives. This is a peer recovery program for youth and young adults.	\$15,000 from each town would support expansion of program to increase number of youth served, with future possibility to expand to other areas of Cape Cod	Yes	13-17	Recovery Build	Falmouth, Dennis	Stephanie Briody-Behavioral Health Innovators	
							Daniel Rodrigues - Duffy Health Center Director of Substance Use Disorder Services	
Drug User Health and Outreach Case Manager	Create a Drug User Health and Outreach Case Manager position within towns. This individual would provide Harm Reduction services including Narcan distribution and access to sterile injection equipment; referrals and education to and on all treatment options; referrals and education to and on all recovery support options. They would serve people who use drugs, people in early or long term recovery, and loved ones of people with substance use disorder.	.5 FTE or two .5 FTE	Collaboration with neighboring towns is recommended to provide support for people who use substances across small regions within Barnstable County.	all ages	This position would expand upon current Recovery Support Navigator positions to ensure inclusion of Harm Reduction framework, and would expand their work to include working with people who are still in active addiction/active use.	Various towns hold grants for Recovery Support Navigator or similar positions across the Commonwealth	Kate Lena- Substance Use Prevention Program Manager, Barnstable County Human Services Daniel Rodrigues- Duffy Health Center Director Of Substance Use Disorder Services	Click here for more information on Harm Reduction
Recovery High School	Recovery High Schools provide students and their families with the support necessary so that students with substance use disorder can complete their high school education in an environment that supports the individual's unique recovery needs. These high schools operate like other public schools, following Department of Elementary and Secondary Education regulations and requirements.	Regionalization would result in cost-sharing	A feasibility and needs study to assess the region's need, desire and sustainability of such a school is recommended.	High School Ages	Northshore Recovery High School	Does not currently exist on Cape Cod	Stephanie Briody-Behavioral Health Innovators	
Syringe Service Program	A holistic program designed to serve people who are actively using substances. This program includes access to clean sterile supplies for injection as well as safe disposal for used injection supplies. In addition program participants can typically access testing for HIV, HCV, and STIs with referrals for treatment, overdose prevention education and Narcan; referrals to healthcare services and substance use treatment.	\$0 to town. Local agency would be funded through MDPH to provide free services with Board of Health letter of support	Collaboration with neighboring towns is recommended to provide support for people who use substances across small regions within Barnstable County. A vote by the Board of Health to provide a letter of support is needed for each town involved.	18+	AIDS Support Group of Cape Cod	Sandwich, Falmouth, Barnstable, Provincetown, Martha's Vineyard	Tanva Kohli-AIDS Support Group of Cape Cod	Click here for more information on Harm Reduction
Treatment Programs for Specialized Populations	Developing treatment programs for specialized populations recognizes that not one option will work for everyone. Some examples of this would be hiring a youth specialist to work within an existing treatment facility; creating a Structured Outpatient Addiction Program (SOAP) for the aging population, for LGBTQIA+ population, for People of Color; training all staff on working with more diverse populations.	.5 FTE or two .5 FTE focused on specific population	Yes	The age group served depends on the population targeting	Current MDPH grant open to BSAS-contracted-only OBATs and OTPs for funding to enhance OBAT/OTP services in order to increase access and reach underserved populations	Various treatment program currently operate in Barnstable County	Jen Miller, M.A. State Opioid Response (SOR) Program Manager, Bureau of Substance Addiction Services, Massachusetts Department of Public Health	
Family Support Group	Family Support groups provide peer support for family members and loved ones of people with substance use disorder. There are multiple models operating on Cape Cod which all have different missions, structures, and services offered. Three of these programs are Al-Anon & Alateen; Learn to Cope; and Parents Supporting Parents.	\$0 to town	Collaboration with neighboring towns is recommended to provide support for families across small regions within Barnstable County.	All ages	Al-Anon & Alateen	Al-Anon & Alateen	Ronnie Gullete	
					Learn to Cope	Learn to Cope	Lisa Donoghue	
					Parents Supporting Parents	Parents Supporting Parents	Linda Cubellis	
Recovery Support Center	The Massachusetts Department of Public Health defines Peer Recovery Support Centers as recovery-oriented sanctuaries, anchored in the heart of their communities, support multiple pathways, provide hope, and promote wellness. The centers are run by peers, and offer education, resources, social events, recreational activities, and various wellness groups. The Recovery Support Centers provide members the opportunity to build their own unique individual, social and community support, to help prevent relapse and promote long-term recovery from addiction. There are different recovery support center models that can include a focus on wellness, art and music, and/or any other activities.	Variable, pending town location available for Center to operate out of vs need to rent/purchase space # of staff; available state or private grants to support Center; model of Recovery Support Center	Yes	The age group served depends on the focus on the center, ie: youth, young adults, adults	One Shared Spirit	Barnstable, Falmouth, Mashpee	DJ Lopez-One Shared Spirit, Outreach Coordinator	
					Pier Recovery Center		Shelby Silverson-PIER Recovery Center of Cape Cod, Program Director	
					Wellstrong		Danielle Alexandrow-Wellstrong, Executive Director	
Town Substance Use Coalition	A group of individuals invested in implementing efforts and town advocacy focused on substance use. Can involve town employees, residents in recovery and their family members, and local providers. Meeting frequency and leadership structure varies town-by-town.	< 1 PTE to act as Coalition staff liaison (may use existing staff)	Collaboration with neighboring town coalitions is recommended, and regional coalitions is allowable.	All ages	Substance use coalitions currently exist in: Bourne, Falmouth, Mashpee, Yarmouth, Dennis, Sandwich (in beginning phases)	Substance use coalitions currently exist in: Bourne, Falmouth, Mashpee, Yarmouth, Dennis, Sandwich (in beginning phases)	Kate Lena-Barnstable County, Human Services, Substance Use Prevention Program Manager	
Recovery Support Fund	A Recovery Support Fund would provide people who are actively using substances, people in various stages of recovery, and loved ones of those with substance use disorder, with the financial support to accomplish their self-determined goals. This would include transportation support for treatment and recovery services, overall wellness needs, support needed to increase recovery capital, basic survival needs (toiletries, clothing, nutrition support), housing (emergency, sober, long term), and legal issues (securing an ID, sealing records).	Variable	Yes	All ages	Outer Cape Health Services contracts with various towns to provide recovery support services and funds, through current Funds. Interested parties submit requests through point persons stationed within different human services and health organizations, like Outer Cape Health Services. Approval is granted through the Fund board and funds are dispensed to individual.	Outer Cape Health Services contracts with various towns to provide recovery support services and funds: Wellfleet, Truro	Brianna Smith-Outer Cape Health Services	